



Oakhouse FOODS

Delicious frozen meals
delivered direct to your home

SEPTEMBER 2020

**NEW FOR
THIS SEASON**

Tasty mini meals

Delightful desserts

Flavoursome side dishes

OVER
350
DISHES



oakhousefoods.co.uk

**Join the thousands who enjoy
delicious, easy mealtimes**

**Lemon
Meringue Pie
PAGE 87**



**Quorn &
Vegetable Pie
PAGE 51**





Hello & welcome to Oakhouse Foods

Hello to all our regular customers, and welcome to so many new faces, we are so happy that you have discovered us. Autumn & winter are now just around the corner, making it the perfect time to choose some of our comforting dishes. Oakhouse Foods has plenty of tasty options for you to enjoy this season; from classic roast dinners to our delicious desserts, there is always something for everyone. We have some delicious NEW dishes for you to try, including our delightful **Profiteroles**. Plus we have also reintroduced some firm favourites, such as our hearty **Lamb Casserole**.

With Oakhouse Foods, you can enjoy:

- ✓ A great range of over 350 delicious frozen meals and desserts, including breakfast, lunch & dinner
- ✓ Dishes to suit different diets and appetites
- ✓ Easy ordering either online or via the telephone
- ✓ Orders delivered directly to you by a local friendly driver
- ✓ Easy mealtimes without leaving the house

A special thank you to our wonderful customers who have kept our spirits up through some challenging months. Thank you for your continued support and loyalty, as well as your messages of gratitude, it has kept us going!

Liza & the Customer Care Team at Oakhouse Foods

Our top tip...

Write your customer number
here so it's easy to find

My customer number:

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Why choose Oakhouse Foods?

With an extensive choice of quality dishes, we are the easy choice!

★ Trustpilot

**Cumberland Sausages
with Colcannon Mash**

My favourite meal so far. Will definitely be ordering more!

CAROLINE



PAGE 48



Mini Roast
Chicken Dinner
PAGE 59



Cherry Pie
PAGE 88



★ Trustpilot

Beef Curry

I find this better than a take away.

MICHAEL



PAGE 34



Quality frozen meals

At Oakhouse Foods, we pride ourselves on our delicious frozen meals and desserts. All our dishes are chosen for their quality and taste, and then flash frozen to lock in the goodness and flavour. This means you can enjoy quality dishes, which are quick and easy to prepare, and taste homemade.

Spoilt for choice

Whatever your appetite, dietary needs or preferences, there is something for everyone with Oakhouse Foods. Our range of over 350 meals & desserts means there is always plenty to choose from. With a selection of breakfast, lunch and dinner options, you can eat well and enjoy easy mealtimes. Plus all our meals are made in Britain!

Easy, simple packaging

As well as bringing the dishes directly to your door, we specially design our packaging so you can easily see your products when they are stored in the freezer. Our easy to read cooking instructions means it is simple to prepare the meals too. All our dishes can be easily cooked in the microwave or oven, unless otherwise stated. Also, our packaging sleeves are recyclable.

Easy Order Packs

Try a 7 or 14 day pack of dishes in one easy order

FROM PAGE 108





We're here for you this winter

As the days become shorter, you can rely on the team at Oakhouse Foods to help make your life a little easier.

Pick from our wide range of comforting classics, which are perfect for a cold winter's day. We have some delicious heart-warming main meals, mini meals and desserts, all designed to bring extra comfort to you at home.

You don't need to worry about wrapping up and leaving the house, as all of these delicious dishes will be brought directly to your door.

After all, what would winter be without Oakhouse Foods?



Pork with a Port & Plum Sauce
PAGE 47





Mini Poacher's
Chicken
PAGE 61

Luxury
Cottage Pie
PAGE 31

Steamed
Jam Pudding
PAGE 84

 **Trustpilot**

Good food, speedy & timely delivery and good customer service.

SHARON



Easy ordering with Oakhouse Foods

Whether you want quick and easy ordering online or you prefer to speak to someone over the phone - the choice is yours, every step of the way!



Ordering with us is as easy as 1, 2, 3



Step 1

Browse our meals - order by phone, online or fill out an order form.



Step 2

Our friendly local delivery driver will bring your meals to your home.



Step 3

Quick and easy to cook in your oven or microwave.



Ordering on the web

Our website is a quick, easy and a secure way to have delicious frozen meals and desserts delivered directly to your home. Select a delivery date and place an order. You can even check out without registering an account if you prefer!

Use the dietary filter to help you find the dishes that fit your specific needs or if you already know the meals you love, try the using the 'order by brochure code' page.

Shop online 24/7



Compatible with your computer, phone or your tablet

Trusted and used by
thousands
of happy customers



Ordering on the phone

Prefer to speak to someone over the phone? Your local team has dedicated staff who are happy to help you place your order and assist you with anything else you might need. Simply call the number on the front of this brochure to reach your local team, who are looking forward to getting to know you.



No contracts!

Order as often or as little as you like, as there is no contract with Oakhouse Foods.

Easy payment methods

Simply pay your driver by cash or cheque when your food is delivered. If you would prefer to pay over the phone or online, we accept the following:



Poor eyesight?

Order an audio brochure with your local team. We also have large print order forms and cooking instructions which you can find online at:

[oakhousefoods.co.uk
/access-support](https://oakhousefoods.co.uk/access-support)



Service with a smile

At Oakhouse Foods, it isn't just about great food,
we believe in great service too!





We are here for you when you need us!

Going the extra mile

Once you have placed your order, one of your local delivery drivers will bring it directly to you. Orders of £30 or more are delivered FREE. For orders below £30, the delivery charge is just £1.

We pride ourselves on delivering an excellent, friendly service so our drivers always go that extra mile for you. That is why we have such good relationships with our customers. Our drivers are even happy to pack away the food for you, if you request it.

 **Trustpilot**

I would recommend their services to anyone who is looking for quality frozen food at a good price.

The team on the phone and the delivery drivers provide brilliant customer service, which only goes to back up the quality food.

The team have always gone above and beyond to ensure everything runs smoothly with each delivery, which is very much appreciated in this current climate.

DAVID 

Something for everyone to enjoy

Whatever your dietary requirements, appetite or preferences, you will find the dishes you love!

Do you have a smaller appetite?

Go to our mini meal section, which features smaller portions of your favourite meals from page 54.



MINI
240g



MAIN
400g

The majority of our mini meals weigh 240g and the majority of our main meals weigh 400g.



Looking for a little bit more?

Then add a side to your meal. See our full selection of sides from page 76.



Looking for low sugar or gluten free dishes?

We have outlined the dishes suitable for these diets from page 70.



Free from lists

We can create a bespoke list of dishes, based on your specific allergens or preferences. So please get in touch with your local team and we will do our best to accommodate your needs.



Look out for these symbols

The **NEW** symbols means it's a brand new dish to try, so why not add one to your next order.

Our **NEW & IMPROVED** symbol highlights which dishes are now even tastier. As some recipes have changed, please check for up to date allergen information.

Also our best sellers are labelled with a **TOP PICK** badge!

We are always looking to improve our dishes so please feed back to your local team, it is much appreciated.



Our dietary symbols

You'll find dietary symbols clearly displayed next to the dishes in our range to give you a quick snapshot of any key information about each one. You will also find these at the bottom of every page.



VEGETARIAN

Free from meat, fish and their derivatives. May contain dairy products.



LOW FAT

3% fat or less per serving.



SOURCE OF FIBRE

Contains at least 3g of fibre per 100g or at least 1.5g of fibre per 100 kcal.



1 OF YOUR 5 A DAY

80g of fresh, canned or frozen fruit and vegetables or 30g of dried fruit.



LOW SALT

Low to moderate salt 0.3g per 100g or less.



HIGH PROTEIN

At least 20% of the energy value of the food is provided by protein.



LOW SUGAR

Less than 5g sugars per 100g.



LOW CALORIE

Less than 400 calories for a meal and less than 200 calories for a dessert.

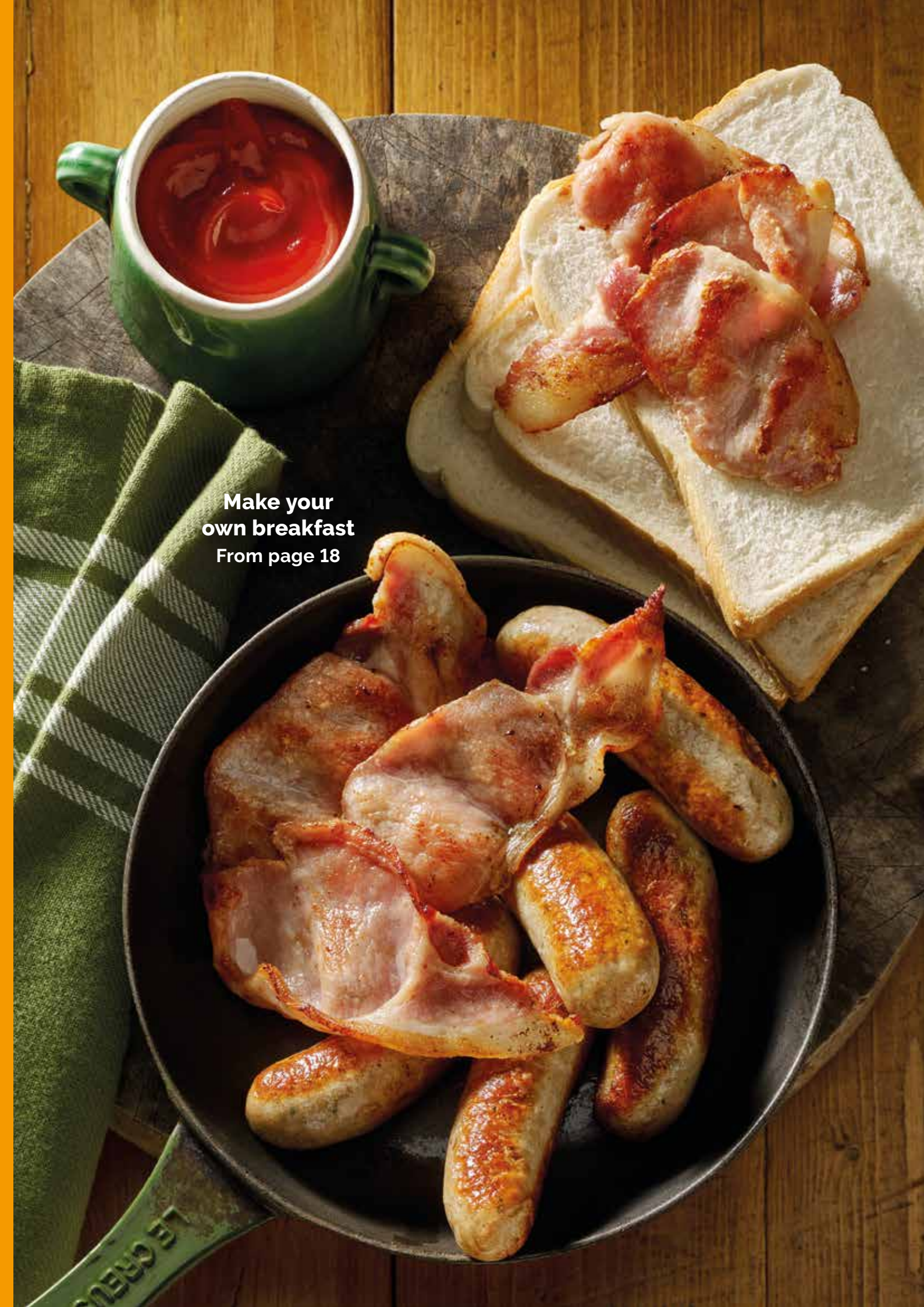


GLUTEN FREE*

Free from traces of gluten in accordance with the legal threshold (<20ppm).

Our products are made to Gluten Free recipes, however the factories that make them do handle gluten.





**Make your
own breakfast**
From page 18



Breakfast Panini
Page 17

Breakfast

Start your day with one of our great breakfast dishes, everything from porridge to an All Day Breakfast.

Prepared breakfast
Page 16

Make your own
Page 18


Try it, taste it, rate it...

Simply list which dishes you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating

Prepared breakfast

Some great ways to start your day



TOP PICK

251 - The Big Breakfast
Two pork and leek sausages and two rashers of bacon with omelette, hash brown, black pudding, cherry tomatoes and baked beans.

£6.05 460g
LS HP

Really large portion, quality product.
TIM

★ Trustpilot
★★★★★



TOP PICK

366 - All Day Breakfast
Two rashers of bacon, a seasoned pork sausage, cheese and tomato omelette, button mushrooms, baked beans and cherry tomatoes.

£5.45 400g
LS HP



TOP PICK

850 - Mini All Day Breakfast
The classic combination of bacon, seasoned pork sausage, sliced button mushrooms, baked beans, cherry tomatoes and sautéed potato slices.

£3.10 240g
LS ✓ HP F





TOP PICK

975 - Apple, Sultana & Cinnamon Porridge

A rich and creamy handmade porridge topped with a fruity mix of apple, sultanas and a hint of cinnamon.

MICROWAVE ONLY

£2.99

240g

✓ V S

Absolutely gorgeous taste, nice and comforting flavours

VICKY

★ Trustpilot

★★★★★



534 - Breakfast Panini

Seasoned egg mayonnaise with sundried tomatoes and bacon in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

150g

LS ✓



607 - Banana & Honey Porridge

A rich and creamy handmade porridge topped with banana and honey.

MICROWAVE ONLY

£2.00

175g

♥ ✓ V S



Make your own

All the breakfast essentials



605 - Cumberland Pork Sausages

Prime pork sausages naturally seasoned with black pepper and spices.

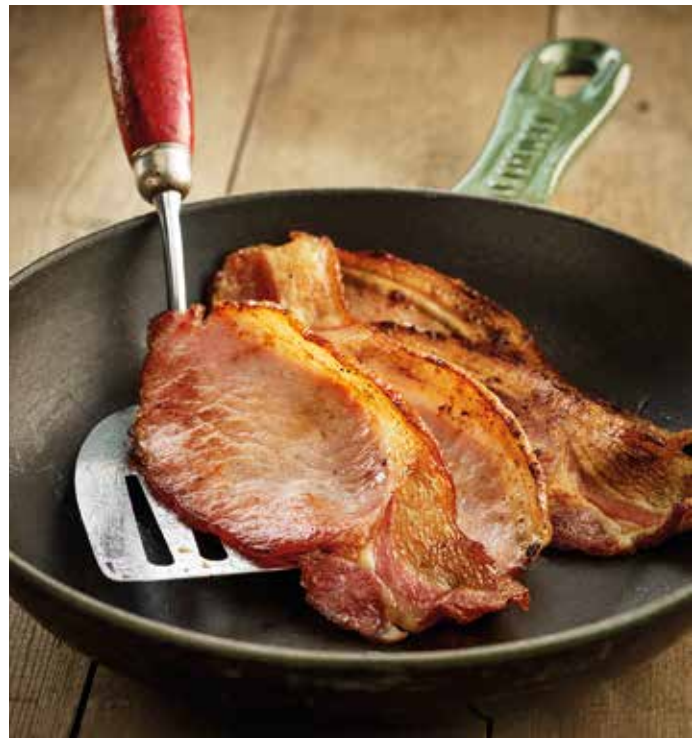
PACK OF 6

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.99

400g

LS ✓ GF HP



G1290 - Smoked Back Bacon

Dry cured back bacon rashers made from beechwood smoked premium pork loin.

7-8 RASHERS

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.75

250g

LS ✓ HP



G1288 - Olde English Sausages

A succulent blend of prime cuts of pork with thyme, nutmeg, sage & pepper.

PACK OF 6

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.00

400g

LS ✓ HP



G1291 - Unsmoked Back Bacon

Dry cured back bacon rashers made from premium pork loin.

7-8 RASHERS

DEFROST BEFORE COOKING - PAN FRY OR GRILL

£3.75

250g

LS ✓ HP





Oakhouse FOODS

Groceries



G114

Heinz Tomato
Ketchup
342g



G2000

Lurpak Slightly
Salted Butter
250g



G2162

Robertson's Golden
Shred Marmalade
454g



G2099

Nescafé
Original
200g

For our full range of groceries, request
a grocery brochure or shop online at
oakhousefoods.co.uk/groceries



563 - Kipper Fillets

Two oak smoked kipper fillets, prepared from herring caught in the North East Atlantic.

£3.15

150g

LS ✓ GF HP



614 - White Sliced Loaf

Pre-sliced white sandwich bread, frozen for freshness.

9-10 SERVINGS
DEFROST & SERVE

£2.45

800g

LS ♥ ✓ V



112 - Wholemeal Sliced Loaf

Pre-sliced wholemeal loaf, frozen for freshness.

9-10 SERVINGS
DEFROST & SERVE

£2.45

800g

LS ♥ ✓ V F





**Ham, Cheddar &
Wholegrain
Mustard Panini**
Page 25



Sausage Rolls
Page 27

Soups & light meals

From delicious sausage rolls to a slice of quiche, these options are perfect for lunch or a light dinner.

Baked potatoes
Page 22

Paninis
Page 25

Soups & broth
Page 23

Light bites
Page 26

Try it, taste it, rate it...

Simply list which dishes you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating



Baked potatoes

Fluffy potatoes, plain or topped



322 - Filled Potato Skin with Gammon & Cheese Sauce

A baked potato skin filled with fluffy mashed potato. Topped with diced gammon and Cheddar cheese in a cheese sauce with Dijon mustard.

£3.15

240g

LS ✓



194 - Filled Potato Skin with Baked Beans & Cheese

A baked potato skin filled with fluffy mashed potato. Topped with baked beans and mature Cheddar cheese.

£3.15

260g

LS ✓ V GF F



640 - Jacket Potatoes

A bag of four individual cooked jacket potatoes with crisp skin and fluffy white insides.

4 SERVINGS

£3.50

700g

LS ♥ ✓ V S HP F



163 - Beef Chilli Jacket Potato

A baked potato skin filled with fluffy mashed potato. Topped with a lightly spiced beef chilli sauce. Finished with a sprinkling of Cheddar cheese.

£3.15

240g

LS ✓ GF F



Soups & broth

Perfect for lunch or a light dinner



227 - Chicken & Vegetable Soup

British chicken thigh, onions, peas, leeks and carrots in a chicken broth seasoned with garlic and bay.

MICROWAVE ONLY

£3.15

300g

LS ✓ GF 1 HP F



186 - Scotch Broth

A traditional handmade lamb and onion broth made with tender minced lamb, carrots, swede, onion, celery, leeks, Savoy cabbage and pearl barley.

MICROWAVE ONLY

£2.60

285g

LS ♥ ✓ 1 F



989 - Broccoli & Stilton Soup

A thick rich soup of broccoli and tangy Long Clawson Stilton.

MICROWAVE ONLY

£2.60

285g

LS ✓ V GF 1 HP



990 - Creamy Mushroom Soup

A creamy blend of chopped chestnut mushrooms and onions.

MICROWAVE ONLY

£2.30

285g

LS ♥ ✓ V GF



988 - Carrot & Coriander Soup

A smooth, rich blend of sweet carrot and fragrant coriander.

MICROWAVE ONLY

£2.05

280g

LS ♥ ✓ V GF S 1 F



Soup & bread, the perfect combo...

Go to page 19 for our full bread collection

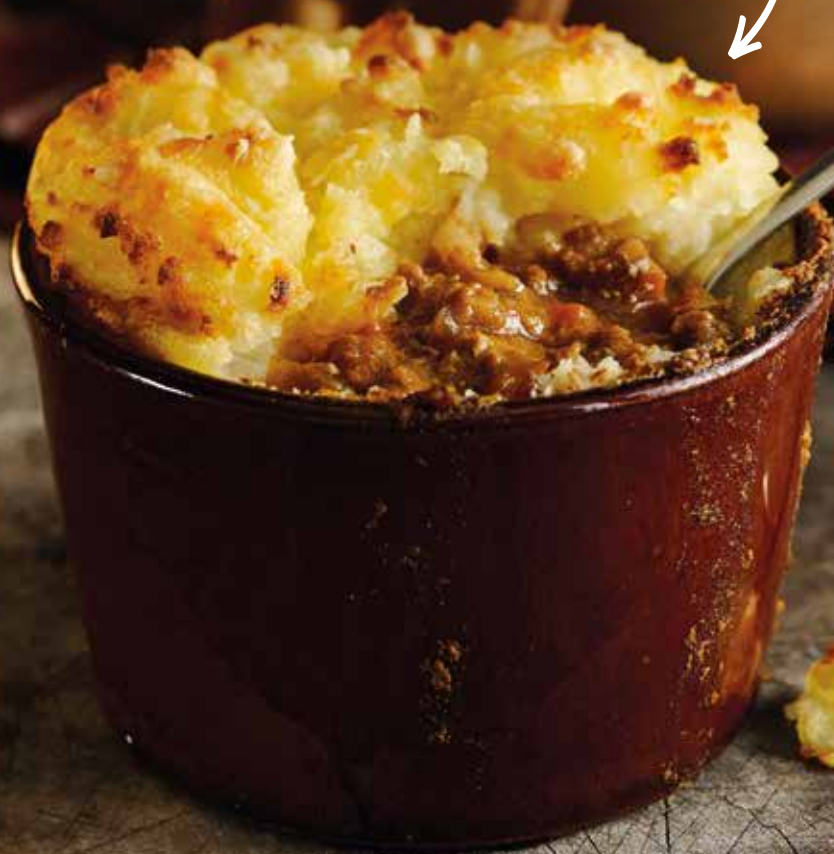


Did you know our mini meals are perfect for lunch?

We have a selection of over 70 smaller sized dishes, perfect for a tasty lunch, go to page 54 for the full range.



Mini
Shepherd's Pie
PAGE 65



Paninis

Tasty snacks or lunchtime bites



533 - Cheese & Red Onion Panini

Mature Cheddar cheese, Red Leicester cheese, onion and chives in mayonnaise in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

160g

LS V



588 - Tuna & Red Onion Panini

Tuna and red onion with seasoned mayonnaise in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

160g

LS ✓



994 - Mozzarella, Tomato & Pesto Panini

Mozzarella, slow roasted tomatoes and pesto in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

180g

LS V



993 - Ham, Cheddar & Wholegrain Mustard Panini

Ham and Cheddar with wholegrain mustard in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

175g

LS



600 - Chicken & Pesto Panini

Sliced chicken breast with pesto and tomato in a ciabatta roll.

DEFROST BEFORE COOKING

£3.99

175g

LS ✓ HP



Light bites

Perfect on their own or add a side to create a whole meal



213 - Quiche Lorraine

Made with Cheddar cheese, ham, onion and bacon in a savoury custard and baked in a shortcrust pastry base.

TWIN PACK - DEFROST & SERVE

£3.75 2 x 116g



499 - Cheese & Ham Omelette

Omelette with a cheese and smoked ham filling.

TWIN PACK

MICROWAVE ONLY

£3.85 2 x 120g



241 - Cheese & Onion Quiche

A shortcrust pastry quiche made with Cheddar cheese, Red Leicester, onions and spring onions baked in a savoury custard.

TWIN PACK

DEFROST & SERVE

£3.75 2 x 116g



500 - Cheese & Tomato Omelette

Omelette with a Cheddar cheese & tomato filling.

TWIN PACK

MICROWAVE ONLY

£3.85 2 x 120g



**NEW &
IMPROVED**



1321 - Sausage Rolls

Seasoned pork sausage meat wrapped in puff pastry.

6 PACK

ENJOY HOT OR COLD

£3.00

360g

LS ✓ F

The best Sausage Rolls I have ever tasted!

DAN

**STAFF
REVIEW**



G1292 - Smoked Sliced Ham

Succulent sliced cured and smoked ham.

4-5 SLICES - DEFROST & SERVE

£3.75

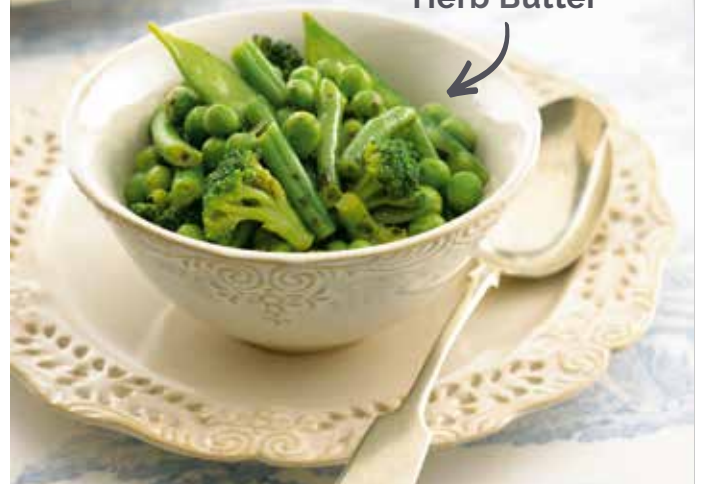
200g

LS ✓ HP

Add a little extra

with our range of side dishes from page 76

Green Vegetables in Wild Garlic & Herb Butter





**Beef Stew &
Dumpling**

Page 33

NEW



**Pollock Mornay
with Parmentier Potatoes**
Page 43

Main meals

From comforting classics to something more exotic, we've got a wide range of dishes to tickle any taste bud.

Beef

Page 30

Chicken

Page 35

Fish

Page 41

Lamb

Page 44

Pork

Page 47

Vegetarian

Page 50

Try it, taste it, rate it...

Simply list which dishes you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating



Beef

Tuck into some of our tasty, tender beef & venison meals



1300 - Roast Beef Dinner

Sliced topside of beef in a rich gravy. Served with roast potatoes, carrots, peas and roast parsnips.

£5.60

400g

LS S 1 HP F



1307 - Luxury Roast Beef Dinner

Sliced topside of beef in a rich and luxurious beef gravy. Served with roast potatoes, roast parsnips, carrots, cauliflower and broccoli cheese, and Yorkshire pudding.
OVEN ONLY

£6.00

500g

LS 1



1313 - Beef Platter

Sliced topside of beef in a rich gravy. Served with mashed potato, green beans and carrots.

£5.00

400g

LS ♥ ✓ S 1 HP F



Extra gravy?

See our grocery brochure for full product information.

oakhousefoods.co.uk/groceries





173 - Hunter's Pie
Tender minced venison, carrots, peas and pancetta in a rich red wine gravy. Topped with a layer of mashed potato and lightly grilled mature Cheddar cheese.

£5.30 400g
LS HP



304 - Cottage Pie
Minced beef, diced carrots and peas, cooked in a rich beef gravy, seasoned with garlic and thyme, topped with fluffy mashed potato.

£3.65 400g LS HP



211 - Cottage Pie Meal
Lean minced beef, slow cooked in a beef & Worcestershire sauce gravy, topped with buttery mashed potato. Served with green beans, sweetcorn and diced carrots.

£3.95 395g
LS ✓ 1 HP



530 - Cumberland Pie
Minced beef, onions and carrots in a beef and roast onion gravy. Topped with mashed potato and a crunchy cheese crumb.

£3.85 400g
LS



276 - Minced Beef & Mash
Minced beef and carrots in a beef and onion gravy seasoned with a hint of nutmeg. Served with smooth mashed potato.

£3.75 400g
LS S



832 - Luxury Cottage Pie
Tender beef, slow cooked in a rich red wine and herb sauce, topped with creamy mashed potato and finished with a mix of Cheddar cheese, Parmesan cheese, parsley & breadcrumbs.

OVEN ONLY
£4.99 435g
LS HP



985 - Rustic Cottage Pie
Tender pieces of braised beef in a rich red wine gravy, topped with potatoes and carrots. Garnished with a sprinkling of Cheddar cheese.

£3.35 400g
LS ♥ 1



474 - Steak & Mushroom Pie

Chunks of tender beef with chestnut mushrooms in a red wine sauce. Topped with puff pastry and served with mashed potato, green beans and sliced carrots.

£4.75

420g

LS 1 HP



208 - Beef & Kidney Pie

Slow cooked chunky cut beef and kidney pieces in a red wine gravy. Topped with a puff pastry lid and served with mashed potato and baked beans.

£3.99

360g

LS HP



493 - Minced Beef Pie

Minced beef and button mushrooms in a tomato and red wine sauce topped with puff pastry. Served with sautéed potatoes and mushy pea purée.

£4.30

460g

LS S 1



407 - Steak & Kidney Pudding

A handmade steamed suet pudding filled with tender pieces of beef and kidney in a rich gravy.

**MICROWAVE ONLY
DEFROST BEFORE
COOKING**

£2.65

190g

LS



244 - Steak Pie

Tender pieces of steak in a rich beef, red wine and mustard gravy. Cooked in handmade shortcrust pastry.

**TWIN PACK - OVEN
ONLY**

£6.35

2 x 255g

LS HP



135 - BBQ Beef Brisket with Carrots & Potatoes

Made with slow cooked beef brisket for extra tenderness, in a smoky BBQ sauce. Served with seasoned potatoes and carrots.

£6.25

400g

1



421 - Beef au Poivre

Tender beef brisket in a creamy brandy and pepper sauce. Served with roast potatoes, baton carrots and green beans mixed with shallots and bacon.

£6.50

415g

LS 1





667 - Steak Diane

Tender beef brisket and slices of chestnut mushrooms in a creamy sauce with a hint of brandy. Served with rich dauphinoise potatoes and green beans.

£5.60

350g

LS ✓



286 - Beef Stew & Dumpling

Made with tender chunks of beef, leeks, carrots, swede, mushrooms and onions in a red wine gravy. Served with a baked parsley, thyme and sage dumpling.

£5.75

420g

LS 1



303 - Corned Beef Hash

A combination of corned beef, baked beans and onions in a rich tomato sauce. Served with sauté potatoes.

£3.95

375g

LS HP F



657 - Beef Bourguignon

Marinated beef with slices of chestnut mushrooms in a rich, herby red wine sauce. Served with dauphinoise potatoes and green beans.

£6.50

400g

LS 1 HP



285 - Beef & Vegetable Hotpot

Braised beef, carrots, peas, onions, swede and parsnips in a beef gravy. Topped with golden sauté potatoes.

£4.45

400g

LS ✓ 1 HP F



115 - Beef Stroganoff

Strips of topside of beef, sautéed with onions in a rich sauce, made with cream, beef bouillon, mustard and brandy. Served with white rice.

£5.55

400g

LS ♥ S HP





215 - Beef Curry
 Pieces of marinated beef, onions and peppers in a masala based curry sauce. Served with white rice sprinkled with coriander.

£5.50 400g
 LS GF S HP



175 - Chilli con Carne
 Minced lean beef and kidney beans in a tomato and red pepper sauce mildly spiced with smoked paprika, chilli and jalapeños. Served with white rice.

£3.75 380g
 LS S



344 - Shanghai Beef
 Strips of beef with thick udon noodles, red peppers and choy sum in a warming sesame, ginger and chilli sauce.

£5.15 375g
 LS ♥ ✓ 1 HP F



606 - Teriyaki Beef Noodles
 Beef strips with red peppers and spring onions in a teriyaki style sauce, served with egg noodles.

£4.50 325g
 LS ♥ ✓ HP



168 - Beef Lasagne
 A full-flavoured Bolognese made with chopped tomatoes, carrots and onions. Layered with sheets of pasta and topped with a béchamel sauce and a cheese and parsley crumb.

£4.20 400g
 LS 1 HP



TOP PICK

660 - Spaghetti Bolognese
 A rich Bolognese sauce made with beef, tomatoes, onions and mushrooms in a red wine sauce. Served with spaghetti. Topped with grated cheese.

£4.10 400g
 LS HP



668 - Beef & Wild Mushroom Lasagne
 Layers of rich Bolognese sauce and pasta sheets topped with a creamy wild mushroom sauce.

£4.99 420g
 LS 1



991 - Macaroni Bolognese
 A rich beef and pork Bolognese layered with macaroni in a cheese sauce. Topped with mature Cheddar cheese.

£3.15 350g
 LS



Chicken

Enjoy favourites old & new with these chicken & turkey dishes



1308 - Luxury Roast Chicken Dinner

Premium slices of chicken in a rich and luxurious gravy. Served with roast potatoes, broccoli florets, Brussels sprouts, roast parsnips, roasted carrots, Yorkshire pudding, stuffing and a pig in blanket. **OVEN ONLY**

£6.00

500g

LS 1 HP F



1301 - Roast Chicken Dinner

Premium slices of chicken in a rich gravy. Served with roast potatoes, carrots, peas, roast parsnips and stuffing.

£5.25

400g

LS 1 HP F



1314 - Chicken Breast Platter

Premium slices of chicken breast in a rich chicken gravy. Served with mashed potato, green beans, carrots and stuffing.

£4.75

400g

LS 1 HP F



1304 - Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with roast potatoes, carrots, peas, honey roast parsnips and stuffing.

£5.25

400g

LS 1 HP F



1311 - Luxury Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with roast potatoes, broccoli florets, Brussels sprouts, roast parsnips, roasted carrots, stuffing, pig in blanket and Yorkshire pudding.

OVEN ONLY

£6.00

500g

LS 1 HP F





1317 - Turkey Platter

Slices of turkey in a rich gravy. Served with mashed potato, green beans, carrots and stuffing.

£4.75

400g

LS 1 HP F



275 - Chicken with Ham Hock & Mushrooms

Chicken breast, pulled ham hock and a medley of mushrooms in a cider, cream and mushroom sauce. Topped with puff pastry and served with sauté potatoes.

£6.10

440g

LS HP



252 - Chicken Casserole with Dumpling

Chicken thigh pieces with onions, carrots, swede and leeks in a chicken, red wine and herb gravy. Topped off with a tasty sage and thyme dumpling.

£4.80

400g

LS 1 HP



477 - Chicken & Mushroom Pie with Vegetables

Chicken breast and mushrooms in a creamy chicken and mushroom sauce topped with puff pastry. With mashed potato, carrots, peas, green beans, broad beans & sweetcorn.

£4.75

420g

LS 1 HP



108 - Chicken, Leek & Bacon Pie

Chicken coated in a creamy leek and bacon sauce topped with pastry. Served with mashed potato and chantenay carrots.

OVEN ONLY

£4.70

450g

LS 1



879 - Chicken in Mushroom Sauce

Tender chicken breast smothered in a lightly seasoned, creamy mushroom sauce. Served with herby sauté potatoes, green beans and whole baby carrots.

£4.45

380g

LS 1 HP





284 - Chicken Breast Wrapped in Bacon

A chicken breast wrapped in streaky bacon and topped with an onion and thyme sauce, sweetened with apricot jam. Served with mashed potato and green beans.

£5.75

435g

LS 1 HP



179 - Chicken Supreme

Tender pieces of chicken breast, button mushrooms and ham in a creamy sauce. Served with rice mixed with peas and sweetcorn.

£3.99

400g

LS ♥ HP



529 - Chicken with Mashed Potato

Slices of chicken breast in a roasted garlic gravy. Served with mashed potato, cauliflower & peas.

£4.75

400g

LS ♥ ✓ GF 1 HP F



645 - Woodland Chicken

Chicken breast marinated in basil, garlic and lemon juice with mushrooms and asparagus in a creamy mascarpone, white wine and herb sauce. Served with Basmati & wild rice.

£5.85

375g

LS GF 1 HP



1323 - Chicken Casserole with Vegetable Mash

Chicken with mushrooms, leeks and mixed peppers in a red wine sauce. Served with carrots, mashed potato and green beans.

£4.70

400g

LS ✓ 1 HP F



278 - Chicken in a Creamy Garlic Sauce

Chicken breast in a creamy garlic butter sauce, topped with a Parmesan crumb. Served with chunky cut oven chips.

OVEN ONLY

£5.55

400g

LS



140 - Chicken with Onion-Topped Mash

Slices of succulent chicken breast in a cider gravy. Served with mashed potato topped with fried onions and ham, peas and leeks in a creamy cheese sauce.

£4.99

450g

LS HP



658 - Coq au Vin

Tender chunks of chicken breast, ham and chicken livers in a herby red wine and brandy sauce. Served with creamy dauphinoise potatoes and broccoli florets.

£5.99

400g

LS 1 HP





NEW

1325 - Chicken & Vegetable Stew

Chicken, potatoes, carrots, onions, peas, leeks and edamame beans in a vegetable broth.

£4.30

400g

LS 1 HP F



841 - Chicken & Cider Hotpot

Tender chicken pieces with vegetables, steeped in a cider, cream and sage sauce. Served with golden sauté potatoes and topped with West Country Cheddar cheese.

£4.60

360g

LS HP



139 - Chicken & Stuffing Bake

Tender chicken breast pieces, pork and herb stuffing, herby potatoes, carrots and leeks in a rich savoury sauce. Topped with crispy grilled bacon rashers.

£4.90

450g

LS HP



417 - Honey & Mustard Chicken Hotpot

Chicken with carrots, parsnips, swede, leeks and herby potatoes in a creamy honey and mustard sauce.

£5.50

440g

LS 1



167 - BBQ Chicken Bake

Tender chicken breast strips in a tangy handmade barbecue sauce, topped with smoky bacon rashers, grated Monterey Jack cheese and crispy hash brown bites.

£4.95

400g



TOP PICK

352 - Hunter's Chicken

A tender chicken breast marinated in a barbecue sauce with smoked streaky bacon. Served with cherry tomatoes, diced sauté potatoes and topped with mozzarella and Cheddar cheese.

£4.99

400g

HP



642 - Summer Casserole

Chicken breast, potatoes, onions, carrots and peas in a white wine sauce seasoned with tarragon.

£4.20

375g

LS GF 1 HP





418 - Lemon Chicken Spaghetti

Spaghetti with chicken, peas, button & chestnut mushrooms in a creamy lemon sauce.

£4.99

420g

LS HP



387 - Chicken Stir-Fry

Chicken breast, carrots, red peppers and red chillies in a tangy Oriental style sauce. Served with noodles.

£4.95

430g

LS 1 HP



351 - Hong Kong Chicken

A fruity sweet & sour dish of chicken, pineapple, red peppers, broccoli, spring onions, red chillies, ginger and garlic. Served with egg noodles.

£4.70

400g

S HP



1521 - Thai Green Chicken Curry

Chicken breast pieces in a spicy coconut and lemon grass sauce with peppers and green beans. Served with rice.

£4.00

400g

LS HP



523 - Sweet & Sour Chicken

Chunks of chicken breast, onion and pineapple pieces in a sweet and sour sauce. Served with egg-fried rice mixed with peas and red and green peppers.

£3.85

400g





1878 - Chicken Curry & Rice

Chicken in a mild curry sauce. Served with yellow rice.

£3.99

400g

LS



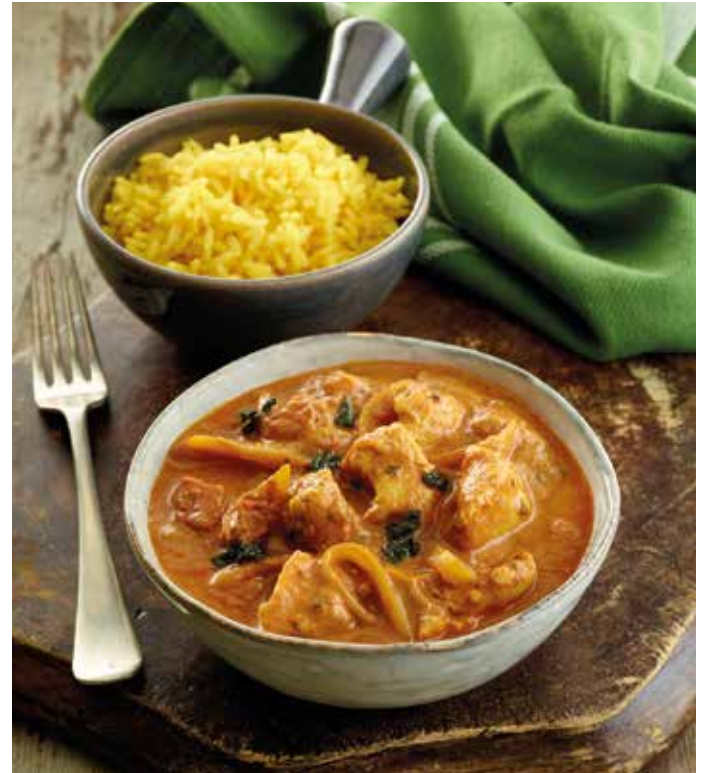
1138 - Chicken Jalfrezi

Tender chunks of chicken with green and red peppers in a medium heat jalfrezi sauce. Served with rice.

£4.00

400g

LS HP



1874 - Chicken Tikka Masala

Chunks of chicken breast in a medium spiced masala sauce. Served with rice.

£4.50

400g

LS HP



652 - Butter Chicken Curry

Chunks of chicken breast and onions in a mild, buttery curry sauce made with cream, tomato and ginger purée and seasoned with spices. Served with rice.

£4.70

400g

LS GF HP



1873 - Chicken Korma

Chicken breast pieces in a mild creamy korma sauce, topped with flaked almonds. Served with rice.

£4.75

400g

LS HP

242 - Fruity Chicken Curry

Pieces of tender chicken with apricots, pineapple and sultanas in a mild and creamy curry sauce. Served with basmati rice.

£4.70

400g

GF



Fish

Fantastic fish! A true taste of the sea...



306 - Fish Pie

Haddock and salmon flakes with prawns and peas in a creamy cheese and parsley sauce. Topped with smooth mashed potato and grated cheese.

£4.75

375g

LS HP



329 - Salmon & Broccoli Bake

Salmon and broccoli cooked in a creamy dill sauce. Topped with a layer of sautéed potatoes.

£4.99

400g

LS GF



327 - Cod & Prawn Bake

Cod, prawns and sweetcorn in a light cheese sauce seasoned with mustard and parsley. Topped with sautéed potatoes.

£4.70

340g

LS GF HP



983 - Fish & Potato Gratin

A tasty mix of prawns, smoked haddock, hoki and cod, in a light cheese and herb sauce. Topped with sautéed potatoes, sprinkled with mature Cheddar cheese.

£4.99

400g

LS HP



684 - Smoked Haddock Florentine

A chunky smoked haddock fillet with a Cheddar cheese sauce and tasty parsley breadcrumbs. Served on a bed of spinach and thinly sliced potatoes.

£5.80

415g

LS HP



419 - Smoked Haddock & Bacon Gratin

Chunky smoked haddock and minced gammon with sweetcorn and broccoli in a creamy cheese and white wine sauce. Topped with sautéed potatoes, breadcrumbs and cheese.

£5.50

400g

LS HP





240 - Cod, Chips & Peas

A portion of flaky cod in golden breadcrumbs. Served with chips and peas.

£4.25 300g

LS S



884 - Smoked Haddock Fishcake & Chips

A smoked haddock fishcake in a light, herby crumb coating. Served with thick cut chips.

OVEN ONLY

£4.10 314g

LS



464 - Breaded Haddock Fillet

Flaky haddock fillets encased in golden breadcrumbs.

2 SERVINGS - OVEN ONLY

£4.50 250g

LS ✓ HP



882 - Beer Battered Cod & Chips

Crispy beer battered cod. Served with golden, chunky cut chips.

OVEN ONLY

£4.80 340g

LS



883 - Breaded Scampi & Chips

Wholetail scampi in crisp breadcrumbs. Served with thick cut chips.

OVEN ONLY

£4.99 300g

LS ✓ ✓



1322 - Salmon en Croute

Salmon on a bed of stuffing topped with a cheese sauce encased in puff pastry.

OVEN ONLY

£6.70 335g

LS



842 - Salmon Pasta Bake

Flakes of salmon, spinach and penne pasta in a creamy cheese sauce. Topped with a crispy herb crumb.

£4.50 405g

LS





1327 - Pollock Mornay with Parmentier Potatoes

Pollock in a Mornay sauce served with parmentier potatoes, peas & green beans.

£4.90

400g

LS ✓ 1 HP F



593 - Cod in Parsley

North Atlantic cod loin fillet and garden peas in a creamy Madeira wine sauce. Served with mashed potato.

£5.99

430g

LS ♥ ✓ HP



136 - Smoked Haddock with Cheese & Sweetcorn

Oak and beech smoked, sustainable haddock with peas and juicy sweetcorn in a rich Cheddar cheese sauce. Served with buttery mashed potato.

£4.99

400g

LS HP



676 - Cheesy Smoked Haddock Fillet

A fillet of smoked haddock in a mature Cheddar cheese sauce. Served with a generous helping of mashed potato.

£6.30

420g

LS HP



592 - Salmon in White Wine

Scottish salmon in a creamy white wine sauce. Served with whole green beans and halved baby new potatoes.

£5.15

400g

LS GF HP F



594 - Salmon in Watercress

Salmon with a peppery watercress, Dijon mustard and white wine sauce. Served with skin on baby new potatoes and whole green beans.

£4.90

400g

LS ✓ HP F



977 - Prawn Curry

Prawns, roasted red and yellow peppers, butternut squash and red onions in a mild creamy coconut curried sauce. Served with white rice.

£5.50

400g

LS HP



Lamb

Enjoy classics like Shepherd's Pie or Lancashire Hotpot



1309 - Luxury Roast Lamb Dinner

Sliced leg of lamb in a rich gravy. Served with roast potatoes, red cabbage and apple, sugar snap peas, roast parsnips, carrots and Yorkshire pudding. **OVEN ONLY**

£6.70 500g

LS S 1 HP



1302 - Roast Lamb Dinner

Sliced leg of lamb in a rich gravy. Served with roast potatoes, carrots, red cabbage with apple and roast parsnips.

£5.90 400g

LS S 1 HP



1315 - Lamb Platter

Sliced leg of lamb in a rich gravy. Served with mashed potato, green beans and carrots.

£5.50 400g

LS ✓ S 1 HP F



218 - Shepherd's Pie

Made with lean minced lamb slow cooked in a lamb and vegetable gravy. Topped with mashed potato, sprinkled with mature Cheddar cheese and served with green beans.

£4.45 390g

LS ✓ 1 HP F



833 - Luxury Shepherd's Pie

Tender lamb, slow cooked in a rich red wine sauce, topped with creamy mashed potato and sprinkled with cheese. Finished with a parsley and breadcrumb topping.

OVEN ONLY

£5.20 410g

LS HP





246 - Lamb & Beef Pie

Minced lamb and beef in a rich beef, lamb and red wine gravy. Topped with swede, carrot and mashed potato with Cheddar cheese and flat leaf parsley.

OVEN ONLY

£5.15

420g

LS 1 HP



1326 - Lamb Casserole

Lamb with baby potatoes, carrots, silverskin onions and peas in a rich gravy.

£5.50

400g

LS ♥ ✓ 1 HP F



950 - Minced Lamb & Potato Bake

Minced lamb in a tasty mint gravy with chopped carrots, onions and peas. Topped with a layer of golden sauté potatoes.

£5.45

400g

LS HP



305 - Lancashire Hotpot

Diced leg of lamb, steam cooked for extra tenderness. Cooked with carrots, leeks and swede in a lamb and beef gravy and topped with sliced potato.

£5.50

400g

LS ✓ 1 HP



205 - Lamb Stew

Chunky pieces of lamb with peas, butternut squash, carrots, swede, parsnips and pearl barley in a rich lamb gravy. Served with a herb dumpling, mashed potato and peas.

£5.60

450g

S 1



663 - Liver & Onions

Slices of slow cooked lamb's liver, in a tasty onion gravy. Accompanied by buttery mashed potato and peas.

£3.65

400g

LS ♥ ✓ HP F



659 - Liver & Bacon with Colcannon Mash

Tender slices of slow steam cooked lamb's liver and bacon in a rich onion gravy. Served with colcannon mashed potato.

£4.20

400g

LS HP





405 - Lamb Bhuna

Lamb in a rich curry sauce with tomatoes and onions, served with Basmati rice.

£5.50

400g

LS GF 1

I absolutely love this product, the lamb is tender and the flavour is not over powered by the spicyness of the sauce.

JAYCEE

★ Trustpilot



406 - Lamb Rogan Josh

Lamb in a spiced tomato, onion and yogurt curry sauce, served with Basmati rice.

£5.50

400g

LS GF 1



266 - Moussaka

Minced lamb in a traditionally seasoned rich tomato sauce. Topped with thinly sliced aubergines, sauté potatoes and a creamy cheese sauce with nutmeg.

£4.85

400g

LS HP



Pork

You'll find some great everyday favourites in this range



1303 - Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, Savoy cabbage, whole green beans, honey roast parsnips and stuffing.

£5.10

400g

LS 1 HP F



1306 - Roast Gammon Dinner

Gammon steak in gravy served with roast potatoes, carrot batons, cauliflower and peas.

£5.25

400g

LS ♥ ✓ 1 HP F



1310 - Luxury Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, cauliflower cheese, Savoy cabbage, roast parsnips, roasted carrots, stuffing and Yorkshire pudding.

OVEN ONLY

£6.00

500g

LS 1 HP



1316 - Pork Platter

Slices of pork in gravy. Served with mashed potato, green beans, carrots and stuffing.

£4.65

400g

LS ✓ S 1 HP F



423 - Pork with a Mulled Apple Sauce

Pork & mulled apple with roast potatoes, crushed carrots & swede with buttered Savoy cabbage in a rich mulled apple sauce.

£6.35

470g

1



424 - Pork with a Port & Plum Sauce

Pork with port & plum sauce. Served with broccoli florets, sliced carrots, roasted parsnips and roast potatoes.

£6.55

545g

1





221 - Sausages & Mash

Two great quality pork sausages in a rich tomato and onion gravy. Served with buttery mash and peas.

£3.75

400g

LS 1



944 - Cumberland Sausages with Colcannon Mash

Seasoned Cumberland sausages with onion gravy. Served with tasty colcannon mashed potato and peas.

£4.50

380g

LS 1 F



250 - Sausages in Caramelised Onion Gravy

Pork sausages in a cider and caramelised onion gravy. Served with Cheddar & mustard mashed potato and peas.

£3.85

440g

LS 1



875 - Italian Meatballs in Tomato Sauce

Italian style pork & beef meatballs, onions & herbs cooked in a rich tomato sauce with a hint of chilli. Topped with a cheese & herb crumb, served on a bed of spaghetti.

£4.80

435g

LS HP



248 - Pork & Leek Sausage Casserole

Pork and leek sausages with halved baby new potatoes, leeks, red onions and sliced Bramley apples in a creamy apple, mustard and cider sauce.

£4.50

400g

LS HP



224 - Sausages, Chips & Beans

Two pork sausages served with golden chips and baked beans.

£3.80

380g

LS F



576 - Sausage & Root Vegetable Bake

Sliced pork sausages and a medley of carrots, swede, parsnips and red onions in a creamy cider sauce. Topped with sauté potatoes and grated mature Cheddar cheese.

£4.65

400g

LS





596 - Pork Faggot with Mashed Potato & Peas

A tender pork faggot in a roast onion and red wine gravy. Served with buttery mashed potato and peas.

£3.75

420g

LS 1 F



952 - Gammon in Onion Sauce

A generous gammon steak in a creamy sweet onion sauce. Served with boiled potatoes and peas.

£4.40

460g

LS ♥ ✓ 1 HP F



TOP PICK

392 - Cheese & Ham Omelette

Cheddar cheese and smoked ham omelette with crisp sauté potatoes and baked beans.

£4.45

400g

LS GF F



887 - Spaghetti Carbonara

Spaghetti smothered in a rich and creamy cheese sauce, topped with pancetta and a cheese and herb crumb.

£4.55

400g

LS



616 - Sweet & Sour Pork

Tender pieces of pork with onions, pineapple and peppers in a sweet and sour sauce. Served with egg-fried rice mixed with peas and red and green peppers.

£4.30

400g



287 - Macaroni Cheese with Bacon

Pasta coated in a cheese sauce with butternut squash, cherry tomatoes, bacon pieces and a Cheddar & parsley crumb topping.

£4.80

375g

LS ✓ HP



Vegetarian

Great tasting meals you can really savour



1312 - Luxury Vegetarian Roast Dinner
Mushroom wellington slice served with roast potatoes, caramelised carrots, roast parsnips, cauliflower & broccoli cheese and Yorkshire pudding.

OVEN ONLY

£6.00 500g

LS V 1 F



1305 - Vegetarian Roast Dinner

Roast of parsnips, lentils, red peppers and mushrooms in a vegetable gravy. With roast potatoes, carrot batons, roast parsnips, peas and Yorkshire pudding. **OVEN ONLY**

£5.25 400g

LS V 1 F



332 - Omelette, Chips & Peas

A cheese & tomato omelette, served with chips and peas.

£3.80 305g

LS V GF S



166 - Creamy Leek & Potato Bake

Chopped leeks, onions and spring onions in a cream cheese and mustard sauce. Covered with crisp sauté potatoes and mature Cheddar cheese.

£3.99 460g

LS V



325 - Vegetable Hotpot

A vegetable hotpot of onions, red peppers, carrots, peas, mushrooms, swede, and leeks in a herby vegetable sauce. Topped with sliced potatoes.

£3.35 420g

LS V 1 F





1324 - Vegetable Stew

Potatoes, carrots, silverskin onions, peas, leeks and edamame beans in a vegetable broth.

£3.95

400g

LS V 1 F



524 - Quorn & Vegetable Pie

Quorn, carrots and peas in a red wine gravy topped with buttery mashed potato, finished off with breadcrumbs, Cheddar cheese and flat leaf parsley.

£4.25

420g

LS V F



219 - Vegetable Pie

Butter beans, slow roasted tomatoes, carrots, curly kale and onion in a rich tomato sauce, seasoned with parsley, smoked paprika and rosemary. Topped with a puff pastry lid.

OVEN ONLY

£3.70

400g

LS V 1 F



257 - Butternut Squash & Vegetable Lasagne

Butternut squash, sweet potato, red onions, spinach, slow roasted tomatoes & lentils in a rich tomato sauce layered with wholewheat pasta in a creamy cheese sauce. Topped with mature Cheddar cheese.

£4.50

400g

LS V 1 F



489 - Roasted Vegetable Lasagne

Roasted vegetables in a sunblush tomato and red wine sauce. Layered with egg pasta and topped with a cheese sauce and a parsley crumb.

£5.55

420g

V 1



254 - Vegetable Lasagne

Onions, aubergines, courgettes, mushrooms and red peppers cooked in a rich tomato and herb sauce, layered with pasta verde. Topped with a béchamel sauce and mature Cheddar cheese.

£3.30

425g

LS V 1





288 - Vegetable Rigatoni

Rigatoni pasta in a rich sauce with marinated, slow roasted tomatoes, asparagus and basil, butternut squash and onion with Italian style hard cheese.

£4.40

375g

LS V 1



294 - Ratatouille

Courgettes, red and green peppers, cherry tomatoes and onions in a tomato sauce. Topped with mozzarella and Cheddar cheese.

£4.65

350g

LS ✓ V GF 1 F



889 - Macaroni Cheese

Macaroni pasta tubes in a rich three cheese sauce. Finished with a layer of mature Cheddar cheese.

£4.50

400g

LS V HP



472 - Cauliflower Cheese

Tender cauliflower florets in a tasty cheese sauce. Finished with breadcrumbs and grated mature Cheddar cheese.

£3.80

400g

LS ✓ V 1



577 - Wild Mushroom & Butternut Squash Risotto

Forest mushrooms and butternut squash in Arborio rice, with cream, vegetable and mushroom stock & white wine. Sprinkled with Regato cheese.

£5.25

400g

LS V GF



602 - Roasted Vegetable & Chickpea Curry

Peppers and onions mixed with chickpeas in a mild curry sauce, served with white rice.

£3.99

375g

LS ✓ V 1 F



296 - Vegetable Chilli

Kidney beans, sweet potato and mixed peppers in a medium spiced chilli sauce. Served with rice.

£3.99

400g

LS ✓ V S 1 F



256 - Vegetable Tikka

Courgettes, butternut squash, cauliflower and spinach in a medium spiced masala sauce made with coconut cream, Madras paste and ground almonds. Served with basmati rice.

£4.50

500g

LS V GF 1



Pizzeria

Delicious, crisp & easy to cook



1320 - Pepperoni Pizza

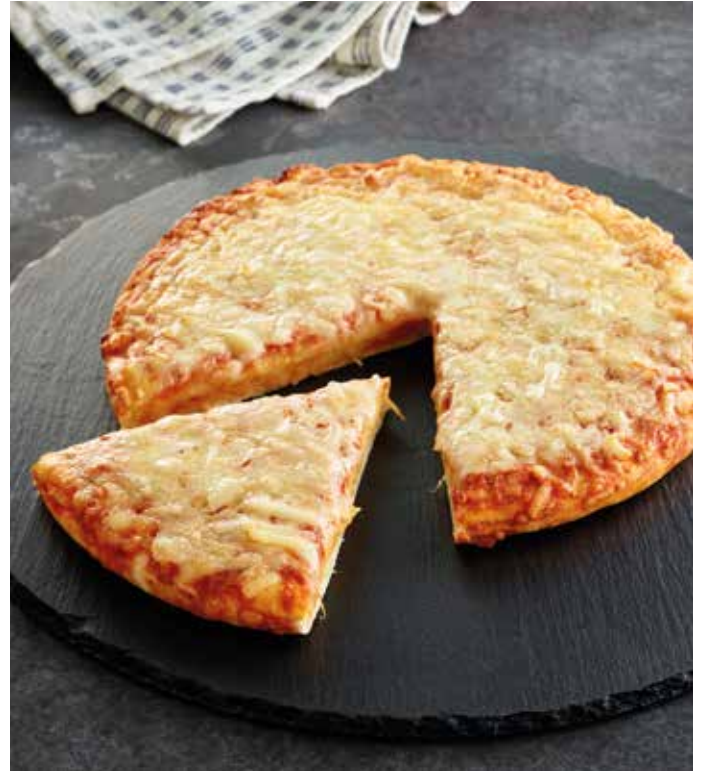
9 inch pizza base topped with tomato sauce, mozzarella and Cheddar cheese and pepperoni slices.

OVEN ONLY

£5.50

385g

LS



1319 - Cheese & Tomato Pizza

9 inch pizza base topped with seasoned tomato sauce and a blend of mozzarella and Cheddar cheese.

OVEN ONLY

£4.50

356g

LS V



774 - Mini Cheese & Tomato Pizza

Pizza base topped with seasoned tomato sauce and a blend of mozzarella and Cheddar cheese.

OVEN ONLY

£1.55

70g

LS ✓ V



807 - Super Crunchy Oven Chips

Golden, crispy, triple cooked, thick cut chips.

6-7 SERVINGS

OVEN ONLY

£2.25

850g

LS V F





**Mini Spaghetti
Bolognese**
Page 58

NEW



Mini Roasted Vegetable Pasta
Page 69

Mini meals

All your favourites and more in a smaller portion size.
Choose from over 70 recipes in the range.

Mini beef
Page 56

Mini lamb
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Mini chicken
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Mini pork
Page 66

Mini fish
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Mini vegetarian
Page 68

Try it, taste it, rate it...

Simply list which dishes you've tried and loved,
then score them in the columns below.

Code	Product	Rating	Code	Product	Rating



Mini beef

Classic beef dishes, prepared in smaller servings



1000 - Mini Roast Beef Dinner

Sliced topside of beef in a rich gravy. Served with roast potatoes, peas, roast parsnips and Yorkshire pudding.

£4.15

240g

LS ✓ 1 HP F



416 - Mini Minced Beef Yorkshire

Yorkshire pudding with minced beef, carrots and peas in a beef and red wine gravy.

£4.50

290g

LS ♥ ✓ HP



895 - Mini Cottage Pie

Minced beef and diced carrots cooked in a full-flavoured gravy and topped with fluffy mashed potato.

£2.80

240g

LS ♥ ✓ HP



311 - Mini Corned Beef Hash

Corned beef and baked beans in a rich tomato sauce seasoned with basil and bay leaf. Topped with sauté potatoes.

£2.80

240g

LS ✓ GF HP



258 - Mini Beef Stew with Bubble & Squeak

Beef, carrots, peas, swede and parsnips in a red wine and Dijon mustard gravy. Topped with a classic bubble and squeak.

£3.65

240g

LS ✓ S HP





314 - Mini Cumberland Pie

Minced beef, onions and carrots in a beef and roast onion gravy. Topped with mashed potato and a crunchy cheese crumb.

£2.95

240g

LS ✓ HP



851 - Mini Beef & Vegetable Hotpot

A traditional hotpot made with tender chunks of beef, carrots, onions, swede and parsnips. Cooked in gravy and topped with a layer of sauté potatoes.

£3.15

240g

LS ✓ HP F



144 - Mini Beef & Kidney Stew

Beef and kidney with parsnips, carrots and chestnut mushrooms in a red wine gravy. Seasoned with oregano and Worcestershire sauce. Topped with sauté potatoes.

£3.99

250g

LS ♥ ✓ HP



190 - Mini Savoury Minced Mash

Minced beef, carrots and onions in a red wine sauce seasoned with thyme and bay. Topped with buttery wholegrain mustard mashed potato.

£3.55

240g

LS ✓ HP



894 - Mini Braised Beef, Tatties & Neeps

Slow cooked braised beef in a red wine and onion gravy. Topped with chunks of potato and swede.

£2.99

240g

LS ✓ GF S HP





TOP PICK

220 - Mini Beef Lasagne

Made with Bolognese sauce layered between sheets of egg pasta. Topped with a classic béchamel sauce and a sprinkling of mature Cheddar cheese.

£3.15

240g

LS ✓ HP

Lovely lasagne and a good size portion.

MARGARET

★ **Trustpilot**

★★★★★



TOP PICK

466 - Mini Spaghetti Bolognese

A rich Bolognese made with minced beef, tomatoes, onions and mushrooms in a tomato and red wine sauce. Served with spaghetti and topped with cheese.

£2.80

240g

LS ✓ HP



942 - Mini Chilli con Carne & Rice

Gently spiced chilli of minced beef, sweet red and green peppers and kidney beans, topped with mild Cheddar cheese. Served with rice.

£3.15

240g

LS ✓ GF HP



Mini chicken

Full of flavour & perfectly portioned mini chicken & turkey dishes



1001 - Mini Roast Chicken Dinner

Premium slices of chicken breast in a rich gravy. Served with roast potatoes, peas, roast parsnips and stuffing.

£3.75

240g

LS HP F



1004 - Mini Roast Turkey Dinner

Slices of turkey in a rich gravy. Served with peas, roast potatoes, roast parsnips and stuffing.

£3.99

240g

LS 1 HP F



415 - Mini Chicken, Sage & Onion Yorkshire

Yorkshire pudding with chicken, carrots and peas in a creamy sage and onion sauce.

£4.50

290g

LS S 1 HP



196 - Mini Chicken Casserole & Dumpling

Tender chunks of chicken breast with sliced carrots, onions, swede and leeks in a red wine gravy. Served with a sage and parsley dumpling.

£3.65

240g

LS HP





TOP PICK

339 - Mini Fruity Chicken Curry

Chunks of chicken breast with apricots, pineapple and sultanas in a mild and fruity curry sauce. Served with basmati rice.

£3.30 240g

✓ GF



338 - Mini Chicken Tikka Masala

Chicken pieces in a spiced, tikka masala sauce made with cream, yogurt, garlic, coriander, Madras curry powder, chilli powder and paprika. Served with basmati rice.

£3.15 240g

LS ✓ HP



291 - Mini Sweet & Sour Chicken

Chicken breast pieces, red and green peppers, onions and pineapple in a sweet & sour sauce. Served with egg-fried rice.

£2.60 240g

GF S



945 - Mini Chicken with Mashed Potato

Slices of chicken breast in a roasted garlic gravy. Served with mashed potato, cauliflower & peas.

£3.25 240g

LS ♥ ✓ GF HP F



510 - Mini Chicken in White Wine & Rarebit Crumb

Chicken in a creamy white wine sauce, topped with cheese and herb breadcrumbs.

£3.55 260g

LS ✓ HP



260 - Mini Chicken & Mushroom Hotpot

Succulent chicken breast with chestnut & button mushrooms in a creamy Madeira wine sauce. Topped with sauté potatoes.

£3.50 250g

LS ✓ S HP



156 - Mini Chicken & Stuffing Casserole

Chunks of chicken breast with a pork and herb stuffing in a roast chicken, pancetta and white wine gravy. Topped with seasoned potatoes and carrots.

£3.25 240g

LS ✓ HP





198 - Mini Chicken & Vegetable Ragout

Pieces of chicken with peas, carrots and golden potatoes in a chicken and red wine gravy seasoned with redcurrant and thyme. Served with sauté potatoes.

£3.25

240g

LS ♥ ✓ GF HP



336 - Mini Chicken Chasseur

Tender pieces of chicken breast and mushrooms in a tomato, white wine and smoked bacon sauce. Served with skin on sliced potatoes and broccoli florets.

£3.30

240g

LS ♥ ✓ 1 HP



197 - Mini Poacher's Chicken

Succulent pieces of chicken breast and mushrooms in a tomato, redcurrant jelly and thyme sauce, with new potatoes, carrot batons and mangetout.

£3.35

240g

LS ♥ ✓ GF HP



191 - Mini Madeira Chicken

Chicken breast strips in a fragrant whole peppercorn and Madeira wine sauce. Served with sauté potatoes seasoned with oregano, parsley and paprika.

£3.65

240g

LS



1879 - Mini Creamy Chicken & Basil Pasta

Chicken, green beans, courgettes and pasta in a creamy basil sauce.

£3.15

240g

LS ♥ ✓ 1 HP F



312 - Mini Chicken & Mixed Peppers in Creamy Sauce

Diced chicken breast, mushrooms and sweet red and green peppers cooked in a cream and sherry sauce. Served with white basmati rice.

£2.99

240g

LS ♥ ✓ GF HP



283 - Mini Chicken, Pea & Parmesan Pasta

Chunks of chicken breast, peas and macaroni pasta in a rich Madeira wine, cider, cream and parmesan sauce.

£3.55

250g

LS ✓ HP



Mini fish

Fish pies to fish bakes and everything in between



528 - Mini Cod, Chips & Peas

A portion of flaky cod in golden breadcrumbs. Served with chips and peas.

£3.15 240g

LS F



852 - Mini Ocean Pie

Salmon, hoki and haddock pieces cooked in a Dijon mustard and cheese sauce. Topped with mashed potato and Regato cheese.

£3.60 240g
LS ✓ HP



310 - Mini Fisherman's Pie

Pollock and peas in a light, creamy cheese and parsley sauce. Topped with mashed potato.

£2.99 240g
LS ✓ HP



498 - Mini Fish Pie with Crumble Topping

Chunks of hoki, smoked haddock, salmon and tuna flakes in a creamy Madeira sauce, finished off with a mature Cheddar crumble topping.

£3.65 250g
LS HP



849 - Mini Cod & Prawn Bake

Chunks of cod, prawns and sweetcorn in a cheesy béchamel sauce. Topped with sauté potatoes and mature Cheddar cheese.

£3.35 240g
LS ✓ HP





341 - Mini Haddock Smokie

Smoked haddock, smoked bacon, mushrooms and peas in a creamy lemon and parsley sauce. Topped with grilled, skin on sliced potatoes.

£3.60

240g

LS ✓ HP



848 - Mini Tuna Pasta Bake

Pasta seashells, tuna and sweetcorn in a creamy béchamel sauce. Sprinkled with grated mature Cheddar cheese.

£3.65

240g

LS ✓ HP



601 - Mini Hoki, Potato & Spring Onion Stew

Chunks of Hoki, potato halves and spring onions in a fish sauce.

£4.50

250g

LS ✓



804 - Mini Creamy Salmon & Pea Pasta

Salmon & peas in a creamy cheese sauce with spinach and slow roasted tomatoes in penne pasta.

£3.65

240g

LS



342 - Mini Salmon in Tomato Sauce

Chunky flakes of salmon, with new potatoes and sliced green beans in a mildly spiced tomato and red pepper sauce.

£3.75

240g

LS ✓ GF HP F



Mini lamb

Traditional, succulent lamb meals in a mini size



1002 - Mini Roast Lamb Dinner

Sliced leg of lamb in a rich gravy. Served with roast potatoes, peas and roast parsnips.

£4.55

240g

LS ✓ S HP F



947 - Mini Lamb In Mint Gravy

Succulent slices of lamb with a flavourful mint gravy. Served with mashed potato, green beans and carrots.

£4.75

240g

LS ✓ GF HP F



259 - Mini Lamb, Redcurrant & Cranberry Hotpot

Diced leg of lamb, parsnips, carrots, swede and cranberries in a lamb, mint and redcurrant gravy. Topped with sauté potatoes.

£3.99

250g

✓ GF S HP



281 - Mini Lamb in Cider Sauce

Minced lamb, carrots, onions and peas, in a lamb and cider gravy. Topped with a creamy, mature Cheddar and parsley mashed potato.

£3.95

240g

LS ✓



579 - Mini Liver & Onions

English lamb's liver and onions with carrots and peas in a meaty gravy. Served with mashed potato.

£3.15

240g

LS ✓ GF HP





893 - Mini Liver & Bacon Hotpot

Tender lamb's liver cooked with onions, peas, carrots and smoky pancetta in a rich gravy. Topped with grilled potato slices.

£3.40

240g

LS ✓ HP



209 - Mini Lamb & Mint Crumble

Minced lamb with carrots, onions and peas in a lamb and mint gravy, seasoned with balsamic vinegar, Worcestershire sauce and rosemary. Topped with a Cheddar cheese crumble.

£3.85

250g

LS S HP



858 - Mini Shepherd's Pie

Minced lamb, carrots and onions in a rich gravy. Topped with mashed potato and mature Cheddar cheese.

£3.15

240g

LS ✓ HP



313 - Mini Minced Lamb Hotpot

Minced lamb, onions, swede, carrots and leeks in a rich lamb and beef gravy. Topped with grilled, skin on sliced potatoes.

£3.35

240g

✓ HP



495 - Mini Lamb & Beef Keema Pie

Indian spiced minced lamb & beef in a tomato sauce & peas topped with mashed potato and chopped coriander.

£2.55

240g

LS ✓



Mini pork

Mouth-watering pork mini meals



1003 - Mini Roast Pork Dinner

Slices of pork in a rich gravy. Served with roast potatoes, carrots, Savoy cabbage and stuffing.

£3.65 240g

LS ✓ HP F



854 - Mini Yorkshire Pudding with Cocktail Sausages

Pork cocktail sausages in gravy, with carrots and peas. Served inside a classic Yorkshire pudding.

OVEN ONLY

£2.90 245g

LS ✓



929 - Mini Sausages & Mash

Four tasty pork cocktail sausages in rich beef gravy. Served with buttery mashed potato and peas.

£2.80 240g

LS ✓



853 - Mini Sausage Casserole

Cocktail sausages with celery, onions, turnip, swede and carrots in a rich gravy. Served with buttery mashed potato on the side.

£2.85 270g

LS ✓ 1



598 - Mini Sausages with Red Onion Gravy

Pork cocktail sausages and roasted red onion wedges in a fruity redcurrant and Chianti gravy. Served with diced sauté potatoes.

£2.99 240g

LS ✓





309 - Mini Faggot, Mash & Peas

A pork faggot seasoned with oregano, basil, parsley and paprika in a red wine, Madeira and redcurrant gravy. Served with buttery mashed potato and peas.

£2.65

240g

LS ✓



282 - Mini Pork & Apple Crumble

Pork shoulder, sliced Bramley apples and red onions in a creamy cider sauce. Topped with a mature Cheddar cheese crumb.

£3.70

250g

LS HP



318 - Mini Gammon & Creamy Onion Sauce

Tender gammon pieces smothered in a creamy onion sauce seasoned with garlic, parsley, thyme, nutmeg and bay leaf. Served with mashed potato and broad beans.

£3.30

240g

LS ✓ HP



295 - Mini Sweet & Sour Pork

Tender pork chunks with pineapple, red and green peppers and onions in a sweet & sour sauce. Served with egg-fried rice.

£3.25

240g

GF S



335 - Mini Spaghetti & Meatballs

Minced pork and beef meatballs in an Italian style tomato and basil sauce. Served on a bed of spaghetti and topped with grated mozzarella and Cheddar cheese.

£3.15

240g

LS ✓ HP



581 - Mini Macaroni Cheese & Pulled Ham

Macaroni cheese with English pulled ham hock in a Regato cheese and béchamel sauce. Topped with mature Cheddar cheese.

£3.75

240g

LS ✓ HP



Mini vegetarian

Meat free meals, small but satisfying!



1005 - Mini Vegetarian Roast Dinner

Vegetarian roast of parsnips, lentils, red peppers and mushrooms in a vegetable gravy. Served with roast potatoes, carrot batons, roast parsnips and peas.

£3.75

240g

LS ✓ V 1 F



496 - Mini Aubergine Parmigiana

Layers of roasted aubergine with a chunky tomato sauce topped with a rich cheese sauce.

£4.10

240g

LS ✓ V 1



317 - Cauliflower Cheese & Sauté Potatoes

Cauliflower florets and diced sauté potatoes in a rich cheese sauce. Topped with a parsley & cheese crumb.

£3.10

240g

V



774 - Mini Cheese & Tomato Pizza

Pizza base topped with seasoned tomato sauce and a blend of mozzarella and Cheddar cheese.

OVEN ONLY

£1.55

70g

LS ✓ V



557 - Cauliflower & Broccoli Cheese

Tender cauliflower and broccoli florets in a smooth, creamy Cheddar cheese sauce.

MICROWAVE ONLY

£2.35

200g

LS ✓ V 1





1880 - Mini Roasted Vegetable Pasta
Penne pasta, roasted red pepper, roasted aubergine, courgette and red onion in a tomato and basil sauce.

£2.75

240g

LS



943 - Mini Vegetable Lasagne
Mediterranean vegetables in a herby tomato sauce between layers of egg pasta and béchamel sauce, topped with Cheddar cheese.

£3.10

240g

LS



502 - Mini Cheese & Tomato Macaroni Pasta Bake
Macaroni in a cheese and tomato sauce with cherry tomatoes and topped with a cheese, breadcrumb and parsley topping.

£3.15

240g

LS



193 - Mini Goat's Cheese & Sweet Potato Pasta
Pasta spirals in a creamy spinach and mature Cheddar sauce, topped with roasted sweet potato, roasted red onion and goat's cheese.

£3.15

240g

LS



226 - Mini Macaroni Cheese
Macaroni in a rich cheese sauce with mustard, nutmeg, paprika and bay leaf. Sprinkled with Cheddar cheese and a parsley crumb.

£3.15

240g

LS



195 - Mini Cheese & Broccoli Pasta
Spiral pasta and tender broccoli florets in a creamy Cheddar cheese sauce seasoned with mustard, bay leaf and cloves.

£3.15

240g

LS



803 - Mini Leek, Asparagus & Pea Pasta
Leek, asparagus, peas and penne pasta in a creamy cheese and white wine sauce.

£2.75

240g

LS



Gluten Free dishes

A quick guide to all our gluten free meals, desserts & side dishes perfect for coeliacs and people with gluten intolerance.

Our products are made to Gluten Free recipes, however the factories that make them do handle gluten.



GF

**Wild Mushroom &
Butternut Squash Risotto**

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BREAKFAST

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NEW gluten free dishes added reguarly



Low sugar dishes

A low sugar life can still be sweet, all of these meals, desserts & side dishes are low in sugar.



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& Bacon Pie**
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**Chicken Samosas
& Onion Bhajis**



Mashed Potato
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Side dishes

Add your own touch to any of our meals with our range of vegetable, potato & bread side dishes.

Try it, taste it, rate it...

Simply list which dishes you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating



556 - Green Vegetables in Wild Garlic & Herb Butter

Peas, green beans, broccoli and mangetout lightly tossed in a savoury wild garlic, parsley and chive butter.

MICROWAVE ONLY

£2.45 150g

LS ✓ V GF S 1 F



525 - Broccoli

Perfectly cut broccoli florets.

5-6 SERVINGS

MICROWAVE OR PAN COOK

£2.05 450g

LS ♥ ✓ V S 1 HP F



552 - Dauphinoise Potatoes

Sliced boiled potatoes layered with roasted garlic and onions in a cream sauce. Topped with Cheddar cheese.

2 SERVINGS

OVEN ONLY

£3.80 400g

LS ✓ GF



560 - Baby Carrots

Small and sweet baby carrots.

5-6 SERVINGS

MICROWAVE OR PAN COOK

£1.60 450g

LS ♥ ✓ V S 1 HP F



395 - Mashed Potato

An individual portion of buttery mashed potato, seasoned with salt and pepper.

MICROWAVE ONLY

£1.60 240g

LS ✓ V GF



414 - Mini Dauphinoise Potatoes

Sliced potatoes layered with garlic, onion and cream sauce, topped with Cheddar cheese.

£1.99 240g

LS ✓ V GF



897 - Carrot, Swede & Horseradish Mash

A buttery potato, carrot and swede mash with horseradish.

2 SERVINGS

£2.20 200g

LS ♥ ✓ V GF 1 F



400 - Cheese & Spring Onion Mashed Potato

An individual portion of mashed potato with mature Cheddar cheese and spring onion, seasoned with salt and pepper.

MICROWAVE ONLY

£1.75 240g

LS ✓ V GF





807 - Super Crunchy Oven Chips

Golden, crispy, triple cooked, thick cut chips.

6-7 SERVINGS

OVEN ONLY

£2.25

850g

LS V F



420 - Garlic Baguettes

Crusty baguettes filled with savoury garlic and parsley butter.

PACK OF 2

OVEN ONLY

£4.40

370g

LS V



557 - Cauliflower & Broccoli Cheese

Tender cauliflower and broccoli florets in a smooth, creamy Cheddar cheese sauce.

MICROWAVE ONLY

£2.35

200g

LS ✓ V 1



NEW

1329 - Chicken Samosas

Handmade samosas with tandoori spiced chicken, potato and onion filling. Easy to break apart and have one at a time.

OVEN ONLY

4 SERVINGS

£3.50

200g

LS ✓



472 - Cauliflower Cheese

Tender cauliflower florets in a tasty cheese sauce. Finished with breadcrumbs and grated mature Cheddar cheese.

£3.80

400g

LS ✓ V 1



NEW

294 - Ratatouille

Roasted courgettes, red and green peppers, slow roasted cherry tomatoes and onions in a tomato sauce. Topped with mozzarella and Cheddar cheese.

£4.65

350g

LS ✓ V GF 1 F

1328 - Onion Bhajis

Lightly spiced fried snack made with onions. Easy to break apart and have one at a time. **OVEN ONLY**

6 SERVINGS

£2.90

300g

✓ V F





**Blackberry &
Apple Crumble**
Page 83

NEW



Mixed Berry Cheesecake
Page 91

Desserts

From warming pies & crumbles, to creamy cheesecakes, fluffy muffins & tasty ice creams, our expansive dessert selection has something for everyone.

Hot desserts
Page 82

Trifles & cheesecakes
Page 90

Muffins, cakes & pies
Page 85

Ice cream & fruit
Page 92

Try it, taste it, rate it...

Simply list which dishes you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating

Hot desserts

Hearty crumbles • Moist sponge • Tasty custard



771 - Cherry Sponge with Custard
A light sponge pudding with glacé cherries covered in custard.

TWIN PACK - DEFROST BEFORE COOKING

£3.75 2 x 225g



626 - Sticky Toffee Pudding

A moist date sponge covered in butterscotch sauce. Handmade in the Lake District.

TWIN PACK
DEFROST BEFORE COOKING

£3.50 2 x 150g



625 - Treacle Pudding with Custard

Light golden and black treacle sponge served with vanilla custard. Handmade in the Lake District.

TWIN PACK
DEFROST BEFORE COOKING

£4.10 2 x 220g



624 - Chocolate Pudding

Rich chocolate cake served with vanilla custard. Handmade in the Lake District.

TWIN PACK
DEFROST BEFORE COOKING

£4.00 2 x 225g



627 - Lemon Pudding with Lemon Custard

A light, citrusy sponge served with zesty lemon custard. Handmade in the Lake District.

TWIN PACK
DEFROST BEFORE COOKING

£3.99 2 x 225g





633 - Apple Crumble

A handmade crumble of soft, stewed apples and cinnamon with an oaty topping. Contains sugar and sweetener.

TWIN PACK

£3.70 2 x 150g



632 - Rhubarb Crumble

A handmade crumble of stewed rhubarb with a sweet and crunchy oaty topping.

TWIN PACK

£3.75 2 x 200g



634 - Blackberry & Apple Crumble

A handmade crumble of blackberries and apples with an oaty topping. Contains sugar & sweetener.

TWIN PACK

£3.95 2 x 150g



609 - Apple Crumble with Custard

A classic dessert of apples topped with an oaty crumble served with vanilla custard. Contains sweetener & sugar.

£3.00 240g



615 - Apple Strudel

A blend of apples, raisins, sultanas and hazelnuts baked in puff pastry with a hint of spice. Handmade in the Lake District.

TWIN PACK

£4.10 2 x 125g



620 - Rice Pudding

Traditional creamy rice pudding.

TWIN PACK

£3.15 2 x 150g





200 - Bread & Butter Pudding

Buttery bread layered with cream and sultanas and topped with vanilla custard. Handmade in the Lake District.

TWIN PACK - DEFROST BEFORE COOKING

£3.99 2 x 220g
V S



635 - Pineapple Upside-Down Pudding

A golden sponge baked with a layer of sweet, tangy pineapple, served with custard.

TWIN PACK DEFROST BEFORE COOKING

£4.00 2 x 225g
V



589 - Luxury Brioche & Butter Pudding & Custard

A bread and butter pudding of baked vanilla brioche with mixed spice layered with raisins, sultanas and custard.

£3.25 250g
✓ V S



970 - Steamed Jam Pudding

Steamed suet pudding swirled with traditional raspberry jam. Served with a generous helping of smooth custard.

TWIN PACK

£3.95 2 x 195g
V S



199 - Spotted Dick

Traditional suet pudding with raisins, covered in smooth vanilla custard. Handmade in the Lake District.

TWIN PACK - DEFROST BEFORE COOKING

£4.00 2 x 238g
V



608 - Jam Sponge & Custard

A light sponge with raspberry jam, topped with creamy custard. Handmade in the Lake District.

TWIN PACK DEFROST BEFORE COOKING

£3.90 2 x 225g
♥ V S



638 - Rhubarb & Custard

Tangy rhubarb compote covered in sweet vanilla custard. Handmade in the Lake District.

TWIN PACK Can be served cold DEFROST BEFORE COOKING

£3.65 2 x 185g
♥ V GF S



Muffins, cakes & pies

Indulge in our sweet treats



712 - Mini Chocolate Éclairs

Choux pastry filled with vanilla cream. Topped and decorated with Belgian chocolate flakes.

PACK OF 12 - DEFROST & SERVE

£5.40 200g



513 - Chocolate Muffin

Triple chocolate muffin with milk, dark and white chocolate.

DEFROST & SERVE

£1.35 120g



409 - Luxury Lemon Drizzle Muffin

Moist lemon muffin with a lemon curd centre.

DEFROST & SERVE

£1.75 136g



410 - Luxury Salted Caramel Muffin

Salted caramel muffin with smooth salted caramel and chunks of fudge.

DEFROST & SERVE

£1.75 136g



511 - Blueberry Muffin

A light and fluffy muffin with blueberries.

DEFROST & SERVE

£1.35 120g





2001 - Low Sugar Victoria Sponge

Low sugar vanilla flavoured sponge, filled with strawberry style compote and crème mix, finished with a sweet dusting of sugar. (Contains sugar and sweetener).

TWIN PACK - DEFROST & SERVE

£4.99 2 x 75g

LS V



160 - Victoria Sponge

A traditional light Victoria sponge, sandwiched with a vanilla cream cheese filling and strawberry jam. Handmade in Devon.

**TWIN PACK
DEFROST & SERVE**

£4.15 2 x 83g
V



702 - Black Forest Gateau

Layers of chocolate sponge, cream and black cherries. Topped with a chocolate curl.

**TWIN PACK
DEFROST & SERVE**

£4.75 2 x 125g
V S



721 - Low Sugar Lemon Drizzle Cake

Low sugar lemon drizzle sponge (contains sweetener).

TWIN PACK - DEFROST & SERVE

£4.50 2 x 60g

LS ✓ V



701 - Strawberry Gateau

A golden sponge with cream and a strawberry filling. Sprinkled with white and pink chocolate curls. Handmade in Devon.

**TWIN PACK
DEFROST & SERVE**

£4.75 2 x 125g
S



491 - Chocolate Fudge Cake

Layers of moist chocolate sponge & chocolate fudge finished with chocolate shavings.

**TWIN PACK
DEFROST & SERVE**

£5.25 2 x 93g
V





2005 - Profiteroles with Chocolate Sauce
Dairy cream profiteroles, topped with a rich chocolate sauce.

DEFROST & SERVE

£3.45 130g



519 - Millionaire's Flapjack
Oaty flapjack covered in rich caramel & chocolate flavoured coating.

DEFROST & SERVE

£1.35 100g



239 - Sticky Toffee Meringue

Layers of golden crisp meringue with cream and caramel sauce on a biscuit crumb base. Topped with caramel chocolate curls.

TWIN PACK

DEFROST & SERVE

£5.55 2 x 88g



537 - Arctic Roll
Dairy vanilla ice cream with a raspberry ripple rolled in sponge cake.

TWIN PACK

£4.20 2 x 85g



159 - Cherry Meringue Pie

Sweet and tangy cherries on a shortcrust pastry base topped with lightly toasted meringue. Handmade in Devon.

TWIN PACK

DEFROST & SERVE

£4.99 2 x 132g



238 - Strawberry Eton Mess
Golden crisp meringue with cream and strawberry sauce on a biscuit crumb base. Topped with white chocolate shavings.

TWIN PACK

DEFROST & SERVE

£5.55 2 x 80g



732 - Lemon Meringue Pie

Rich shortcrust pastry with a zesty lemon filling. Topped with a light meringue.

TWIN PACK

DEFROST & SERVE

£4.85 2 x 105g





753 - Bramley Apple Pie
 Classic shortcrust pastry filled with soft Bramley apples. Handmade in Devon.
TWIN PACK
DEFROST & SERVE

£5.55 2 x 150g
 V S



494 - Apple & Blackberry Pie
 Classic shortbread pastry filled with Bramley apple and blackberries. Handmade in Devon.
TWIN PACK
DEFROST & SERVE

£4.99 2 x 145g
 V S



984 - Cherry Pie
 A rich and sweet cherry filling encased in shortcrust pastry. Finished with a sprinkling of caster sugar.
TWIN PACK
DEFROST & SERVE

£5.10 2 x 141g
 V S



966 - Banoffee Pie
 Shortcrust pastry base topped with silky crème pâtissière and fruity banana purée. Topped with golden curls of caramel toffee.
TWIN PACK
DEFROST & SERVE

£5.25 2 x 128g
 V S



2000 - Low Sugar Chocolate Ginger Torte
 Low sugar chocolate sponge, topped with a rich chocolate crème with stem ginger, finished with a dusting of cocoa powder (contains sweetener).

TWIN PACK - DEFROST & SERVE
£4.99 2 x 60g
 LS ✓ V S



726 - Low Sugar Vanilla Brûlée Cake
 Low sugar vanilla flavoured sponge, topped with low sugar creamy vanilla flavoured crème. Brûléed with demerara sugar. Contains sugar and sweetener.

TWIN PACK - DEFROST & SERVE
£4.99 2 x 75g
 LS ✓ V S





830 - Olde English Lemon Tart

A tangy lemon and cream filling on a light shortcrust pastry. Finished with a light dusting of sugar.

TWIN PACK - DEFROST & SERVE

£5.50 2 x 100g



587 - Strawberry Tart

Strawberries in a sugar syrup glaze, on a crème pâtissière in a sweet, pastry case. Handmade in the Lake District.

DEFROST & SERVE

£3.45 200g



752 - Apricot & Ginger Brûlée

A creamy apricot and ginger mousse made from whipping cream and cream cheese on a sponge base with a crunchy caramelised topping. **TWIN PACK**

DEFROST & SERVE

£5.50 2 x 75g



754 - Bakewell Tart

Almond sponge with a cherry filling on shortcrust pastry. Topped with flaked almonds. Now contains milk.

TWIN PACK - DEFROST & SERVE

£5.55 2 x 100g



965 - Lemon Brûlée

Lemon mousse on a biscuit crumb base with a caramelised brûlée topping.

TWIN PACK

DEFROST & SERVE

£5.50 2 x 105g



Trifles & cheesecakes

Individual trifles & cheesecakes



704 - Raspberry Trifle

Raspberry sauce and custard, layered on top of a golden sponge. Topped with cream and milk chocolate swirls.

TWIN PACK
DEFROST & SERVE

£3.55 2 x 175g
V



263 - Tiramisu

Sponge fingers soaked in coffee and Marsala wine. Topped with mascarpone and crème fraîche mousse. Decorated with dark cocoa powder and a coated coffee bean.

TWIN PACK
DEFROST & SERVE

£4.55 2 x 100g
S



119 - Black Forest Trifle

Belgian chocolate fudge brownie squares, with black cherry compote, Belgian chocolate custard and whipped cream dusted with light cocoa. **TWIN PACK**

DEFROST & SERVE
£4.35 2 x 105g
V S



742 - Sherry Trifle

Raspberry sauce and custard, layered on top of a sherry-laced sponge. Topped with cream and a chocolate swirl.

TWIN PACK
DEFROST & SERVE

£3.80 2 x 175g
V



413 - Raspberry & White Chocolate Panna Cotta

Creamy vanilla panna cotta with raspberry compote.

TWIN PACK
DEFROST & SERVE

£5.10 2 x 100g



117 - Summer Fruit Punch Trifle

Strawberry, apple and orange in a Pimms-style jelly, topped with vanilla custard and whipped cream. Decorated with almond flakes.

TWIN PACK
DEFROST & SERVE

£4.30 2 x 95g
V GF S





NEW

2004 - Mixed Berry Cheesecake

Digestive biscuit base, topped with a creamy mixed berry fruit crème.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 110g

V S

A lovely fruity cheesecake!

STAFF REVIEW

★ Trustpilot



860 - Blackcurrant Cheesecake

A creamy blackcurrant and cheese filling on a biscuit base. Topped with a blackcurrant compote.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 127g

V



582 - Lemon Cheesecake

A creamy lemon cheesecake made with cream, cream cheese and lemon juice on a biscuit crumb base. Topped with a lemon zesty compote.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 126g

V



859 - Irish Cream Cheesecake

Creamy, mildly whiskey-flavoured cheesecake on a biscuit base and garnished with a light dusting of cocoa and a chocolate flake.

TWIN PACK

DEFROST & SERVE

£5.25

2 x 108g

V



492 - Honeycomb & Toffee Cheesecake

Creamy cheesecake filling containing crisp honeycomb pieces and dark chocolate on a toffee topped digestive biscuit.

TWIN PACK

DEFROST & SERVE

£4.99

2 x 120g

V



Ice cream & fruit

Delicious and refreshing at any time of the year



819 - Clotted Cream & Strawberry Ice Cream
Strawberry compote swirled through sweet, clotted cream ice cream, with pieces of strawberry.

£1.80

120ml



822 - Chocolate Fudge Ice Cream

Chocolate ice cream with soft pieces of chocolate fudge.

£1.80

120ml



823 - Rum & Raisin Ice Cream

Creamy rum-flavoured ice cream with juicy raisins.

£1.80

120ml



824 - Honeycomb Ice Cream

A delicious blend of smooth ice cream and crisp, sweet honeycomb pieces.

£1.80

120ml



817 - Clotted Cream Vanilla Ice Cream

Rich vanilla ice cream made with real clotted cream and vanilla.

£1.80

120ml



NEW



2006 - Berry Salad

A colourful mix of blackberries, raspberries and redcurrants.

4 SERVINGS

DEFROST & SERVE

£4.45

500g



Nice mix of fruit.
Sweet & zesty!

STAFF REVIEW

★ Trustpilot



826 - Raspberry Sorbet

A light and fruity sorbet made with juicy raspberries.

£1.80

120ml



Serving suggestion



818 - Chunky Ginger Ice Cream

Pieces of zingy ginger give this delicious frozen dessert a bit of a kick.

£1.80

120ml



Serving suggestion



769 - Fruit Salad

A refreshing mix of apples, melon, red grapes, mandarin orange and tangy pineapple.

4 SERVINGS - DEFROST & SERVE

£4.45

450g





**Puréeed
Traditional Chicken
& Stuffing**
Page 97



Mini Puréed Lamb with Mint
Page 102

Puréed dishes

Rediscover your love of food with our range of dishes suitable for a Category C/Level 4 diet, available in main or mini sizes.

Main meals
Page 96

Mini meals
Page 101

Desserts
Page 104

Try it, taste it, rate it...

Simply list which dishes you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating

Puréed meals

All your classic favourites in puréed form



D115 - Puréed Roast Beef with Yorkshire Pudding & Mustard Mash

Roast beef & Yorkshire pudding with mustard mashed potato, served with carrots, cauliflower and gravy.

£4.50 380g

LS



D114 - Puréed Beef Stew & Dumplings

Beef stew and dumplings in a rich gravy, with creamed mashed potato, carrots and green beans.

£4.50

380g

LS



D116 - Puréed Beef Bolognese with Pasta

Beef Bolognese with pasta in tomato sauce, with mashed potato, carrots and broccoli.

£4.50

380g

LS



D134 - Puréed Cottage Pie

Beef dish topped with mashed potato and served with carrots, broccoli and gravy.

£4.50

380g

LS



D111 - Puréed Hearty Chicken Casserole

Hearty chicken casserole in a rich gravy with mashed potato, peas, swede and parsnip.

£4.50

380g

LS





TOP PICKS

D110 - Puréed Traditional Chicken & Stuffing

Traditional chicken and stuffing with creamy mashed potato, carrots and broccoli.

£4.50 380g
LS

Delicious, highly recommend.

DEREK



D143 Puréed Chicken & Potato Pie
Puréed chicken and potato in a rich gravy served with broccoli, carrots and mashed potato.

£4.50 380g **LS S**



D112 - Puréed Chicken Curry

Chicken curry with masala sauce, creamy mashed potato, cauliflower and peas.

£4.50 380g
LS



D120 - Puréed Sweet & Sour Chicken

Sweet and sour chicken in a sweet sauce with carrots, green beans and mashed potato.

£4.50 380g
LS



D138 - Puréed Roast Turkey

Turkey and stuffing with cranberry gravy, creamed parsley potato, swede & parsnip mash and broccoli.

£4.50 380g

LS



D146 Puréed Fisherman's Pie

Puréed fisherman's pie with cream sauce, served with peas, carrots and creamy mashed potato.

£4.50 380g

LS



D118 - Puréed Salmon in Dill & Cream Sauce

Salmon in dill and cream sauce, with carrots, peas and mashed potato.

£4.50 380g

LS



D117 - Puréed Fish in Creamy Cheese Sauce

Fish in creamy cheese sauce with mashed potato, carrots and peas.

£4.50 380g

LS



D119 - Puréed Lancashire Hotpot

Lancashire hotpot in gravy, with creamy mashed potato, peas and carrots.

£4.50 380g

LS



D133 - Puréed Shepherd's Pie

Shepherd's pie served with carrots, peas and gravy.

£4.50 380g

LS





TOP PICKS

D113 - Puréed Lamb with Mint

Traditional roast lamb with mint in gravy, served with mashed potato, broccoli, carrot and parsnip.

£4.50

380g

LS

Well presented appetising meal.

RACHEL

★ Trustpilot



D132 - Puréed All Day Breakfast

Omelette, sausage and beans served with a tomato sauce.

£4.50

380g

LS



D144 Puréed Sausage & Mash

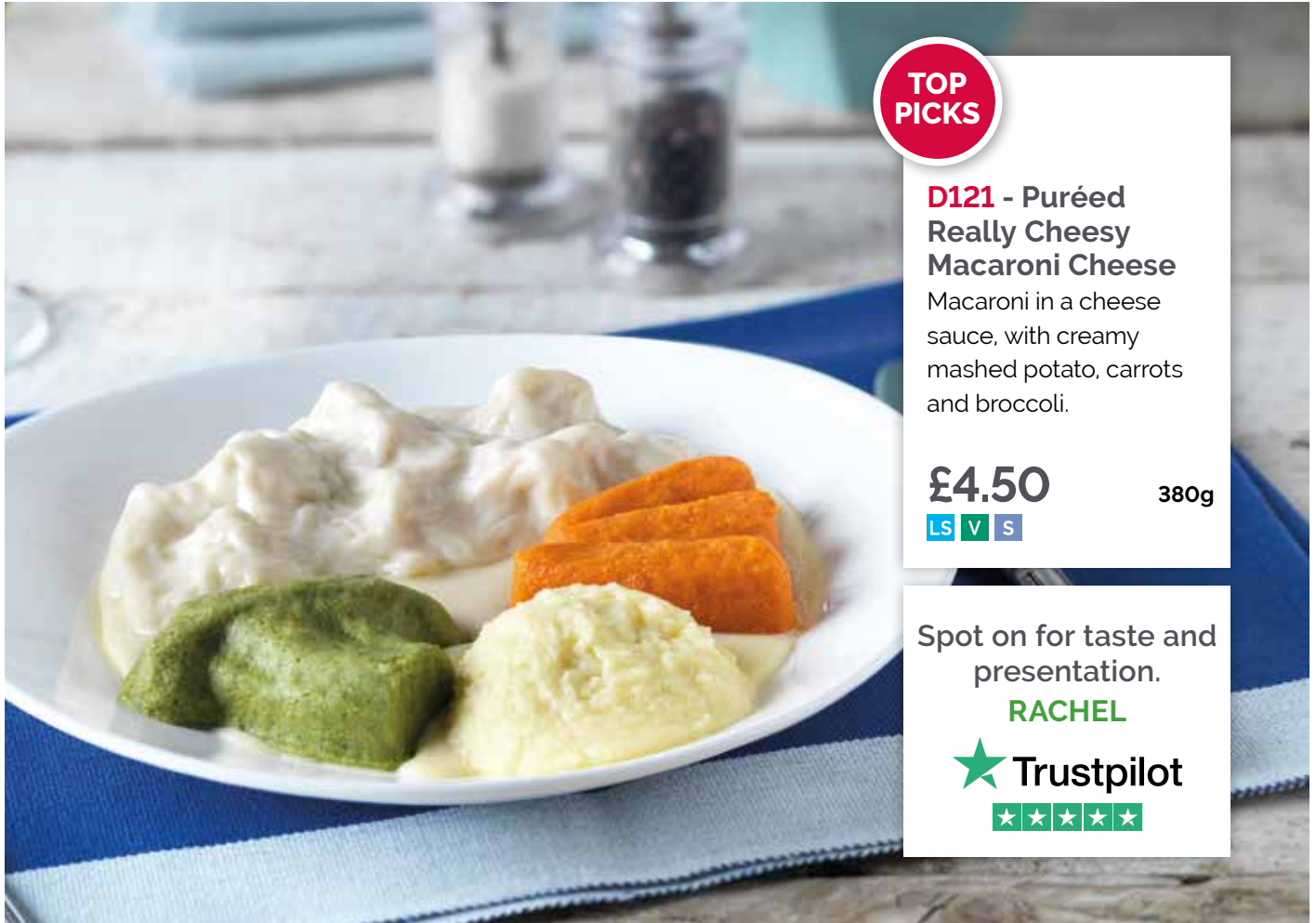
Puréed sausage in gravy served with mashed potato, carrots and peas.

£4.50

380g

LS





TOP PICKS

D121 - Puréed Really Cheesy Macaroni Cheese

Macaroni in a cheese sauce, with creamy mashed potato, carrots and broccoli.

£4.50

380g

LS V S

Spot on for taste and presentation.

RACHEL

★ Trustpilot



D140 - Puréed Seasonal Vegetable Casserole

Seasonal casserole with creamed potato, swede, parsnip and broccoli in a Brandy flavoured sauce.

£4.50

380g

LS V



D142 Puréed Vegetable Lasagne

Puréed courgette, aubergines, lentils, béchamel sauce and pasta in cheese sauce, served with carrots, green beans and creamy mashed potato.

£4.50

380g

LS V



D135 - Puréed Omelette in Cheese Sauce

A lighter dish of omelette, beans and a cheese sauce served with mashed potato.

£4.50

380g

LS V



D153 - Puréed Vegetable Tikka Masala

Puréed spiced vegetables with tomato sauce, served with cauliflower and peas puréed and reshaped, and creamed mash potato.

£4.50

380g

LS V



DIETARY SYMBOLS: LS Low Sugar Low Fat Low Calorie V Vegetarian

Mini puréed

Smaller portions of puréed meals



TOP PICKS

D106 - Mini Puréed Beef Casserole

Beef casserole with gravy, served with peas and creamy mashed potato.

£3.95

280g

LS ✓ HP



D150 Mini Puréed Chicken & Potato Pie

Puréed chicken and potato in a rich gravy served with broccoli and mashed potato.

£3.95

280g

LS ✓ S HP



TOP PICKS

D104 - Mini Puréed Chicken Casserole

Chicken casserole served with swede, parsnip, creamy mashed potato and gravy.

£3.95

280g

LS ✓



D139 - Mini Puréed Roast Turkey

Turkey and stuffing, served with cranberry gravy, creamed parsley potato, swede & parsnip mash.

£3.95

280g

LS ✓ HP



D151 Mini Puréed Fish in Cheese Sauce

Puréed poached fish in cheese sauce, served with peas and mashed potato.

£3.95

280g

LS ✓ HP





D129 - Mini Puréed Fish & Chips

Traditional fish and served chips with mushy peas, and a tomato sauce.

£3.95 280g



D108 - Mini Puréed Lancashire Hotpot

Lancashire hotpot in gravy served with carrots and creamy mashed potato.

£3.95 280g



D109 - Mini Puréed Fisherman's Pie

Fisherman's pie with cream sauce, served with peas and creamy mashed potato.

£3.95 280g



D105 - Mini Puréed Lamb with Mint

Minted lamb in gravy served with carrots and mashed potato.

£3.95 280g



D149 Mini Puréed Sausage & Mash

Puréed sausage with gravy served with mashed potato and carrots.

£3.95 280g



D148 Mini Puréed Vegetable Lasagne

Puréed courgette, aubergines, lentils, béchamel sauce and pasta in cheese sauce, served with carrots and creamy mashed potato.

£3.95 280g





TOP PICKS

D107 - Mini Puréed Macaroni Cheese

Macaroni in cheese sauce, served with broccoli and mashed potato.

£3.95

280g

LS V

Probably my favourite that I buy.

JACKIE

Trustpilot



D141 - Mini Puréed Seasonal Vegetable Casserole

Seasonal casserole with creamed potato, swede and parsnip in a Brandy flavoured sauce.

£3.95

280g

LS ✓ V



D136 - Mini Puréed Scrambled Egg on Toast

Scrambled egg on toast served with a tomato sauce.

OVEN ONLY

£3.50

160g

LS ✓ V



D130 - Mini Puréed Beans on Toast

A comforting snack of toast covered with baked beans in tomato sauce.

OVEN ONLY

£3.50

160g

LS ✓ V

Puréed desserts

Tasty desserts for a puréed diet



D100 - Puréed Lemon Sponge & Custard

Tangy lemon dessert made with sponge and custard.

ENJOY HOT

£1.25

150g



D123 - Puréed Peach Dessert

Sweet peach dessert.

DEFROST & SERVE

£1.25

150g



D102 - Puréed Chocolate Sponge and Custard

Indulgent chocolate sponge pudding and custard.

ENJOY HOT

£1.25

150g



D101 - Puréed Rice Pudding

Creamy rice pudding.

ENJOY HOT

£1.25

150g



D125 - Puréed Chocolate Orange Sponge with Custard

Indulgent orange and chocolate flavoured dessert.

ENJOY HOT

£1.25

150g





TOP PICKS

D127 - Puréed Sticky Toffee Pudding

Rich toffee flavoured sponge dessert.

ENJOY HOT

£1.25

150g

V S

An absolute favourite. Totally yummy!

MRS COATES

★ Trustpilot

★★★★★



D124 - Puréed Fruit Cocktail Dessert

A delicious medley of fruit.

DEFROST & SERVE

£1.25

150g

✓ V GF S



TOP PICKS

D103 - Puréed Spiced Apple & Custard

Delicately spiced apple with sponge and custard.

ENJOY HOT

£1.25

150g

✓ V S



D126 - Puréed Banoffee Pie

Tempting classic banana flavoured sponge dessert, topped with toffee sauce.

ENJOY HOT

£1.25

150g

V

Soft & bite-sized meals

Everyday favourite meals available in an extra tender soft & bite-sized range. Suitable for a Category E / Level 6 diet.



**Soft & bite-sized
Cottage Pie**



F105 - Vegetable Cottage Pie

Vegetable cottage pie with onion, red lentils, tomato, courgette and swede, topped with mashed potato. Served with carrots and peas.

£4.50

380g



F102 - Fisherman's Pie

White fish, salmon and smoked haddock in a cream sauce topped with mashed potato. Served with carrots and mushy peas.

£4.50

380g



F100 - Beef Bolognese

Beef Bolognese with parsley crushed potato & carrots.

£4.50

380g



F106 - Macaroni Cheese

Macaroni cheese with mustard mash, carrots & swede.

£4.50

380g



F103 - Lamb Casserole

A minced lamb, carrot & onion casserole with minted mashed potato & mushy peas.

£4.50

380g



F104 - Chicken Casserole

Chicken casserole with mashed potato & carrots.

£4.50

380g



F101 - Cottage Pie

Beef, carrots and onion in gravy with potato topping, served with cauliflower in cheese sauce and carrot and swede mash.

£4.50

380g







Best Seller Pack

Easy order packs

Our Easy Order Packs make it simple to choose a selection of delicious, varied meals & desserts. Don't like a meal or dessert? Simply let us know and we'll be happy to swap it for something else (this may affect the price).

Best Sellers Pack

Page 110

5 Star Favourites Pack

Page 113

Mini Best Sellers Pack

Page 111

Bumper Pack

Page 114

Puréed Best Sellers Pack

Page 112

Mini Bumper Pack

Page 116

Try it, taste it, rate it...

Simply list which packs you've tried and loved, then score them in the columns below.

Code	Product	Rating	Code	Product	Rating

Best Sellers Pack

A 7 day pack of our most popular meals & desserts



Main meals

1. Fish Pie
2. All Day Breakfast
3. Sweet & Sour Chicken
4. Roast Chicken Dinner
5. Sausages & Mash
6. Shepherd's Pie
7. Cumberland Pie

Desserts

8. Black Forest Gateau (2)
9. Apple Crumble (2)
10. Sherry Trifle (2)
11. Clotted Cream Vanilla Ice Cream

Mains only

Code: P206

£31.05

Mains & Desserts

Code: P207

£45.00



Mini Best Sellers Pack

A 7 day pack of our most popular mini meals & desserts



Mini Meals

1. All Day Breakfast
2. Cottage Pie
3. Roast Pork Dinner
4. Cod, Chips & Peas
5. Shepherd's Pie
6. Fruity Chicken Curry
7. Cumberland Pie

Desserts

8. Black Forest Gateau (2)
9. Apple Crumble (2)
10. Sherry Trifle (2)
11. Clotted Cream Vanilla Ice Cream

Minis only

Code: P208

£21.90

Minis & Desserts

Code: P209

£35.80



Puréed Best Sellers Pack

A 7 day pack of our most popular puréed meals & desserts



Puréed meals

1. All Day Breakfast
2. Hearty Chicken Casserole
3. Beef Stew & Dumplings
4. Lamb with Mint
5. Traditional Chicken & Stuffing
6. Salmon in Dill & Cream Sauce
7. Roast Beef with Yorkshire Pudding

Puréed desserts

8. Chocolate Orange Sponge
9. Lemon Sponge & Custard
10. Spiced Apple & Custard
11. Chocolate Sponge & Custard
12. Sticky Toffee Pudding
13. Banoffee Pie
14. Rice Pudding

Puréed mains

Code: P210

£31.50

Puréed mains & Desserts

Code: P211 **£40.25**



5 Star Favourites Pack

A 7 day pack of our most highly rated meals & desserts



Main meals

1. Roast Lamb Dinner
2. Shanghai Beef
3. Liver & Bacon with Colcannon Mash
4. Hong Kong Chicken
5. Chicken Tikka Masala
6. Pork & Leek Sausage Casserole
7. Fish Pie

Desserts

8. Luxury Brioche & Butter Pudding & Custard
9. Lemon Pudding with Lemon Custard (2)
10. Rhubarb Crumble (2)
11. Jam Sponge & Custard (2)

Mains only

Code: P223

£33.50

Mains & Desserts

Code: P224

£48.00



Bumper Pack

10%
OFF

A 14 day pack of our best selling meals & desserts





15



16



17



18



19



20



21



22

Main meals

1. Beef Stew & Dumpling
2. Roast Pork Dinner
3. Roast Chicken Dinner
4. Shepherd's Pie
5. Sausages & Mash
6. Sweet & Sour Chicken with Rice
7. Cod, Chips & Peas
8. Fruity Chicken Curry
9. Vegetable Lasagne
10. Lancashire Hotpot
11. Fish Pie
12. All Day Breakfast
13. Cumberland Pie
14. Steak & Mushroom Pie

Desserts

15. Clotted Cream Vanilla Ice Cream
16. Apple Crumble (2)
17. Sticky Toffee Pudding (2)
18. Triple Chocolate Muffin
19. Black Forest Gateau (2)
20. Chocolate Pudding (2)
21. Cherry Pie (2)
22. Sherry Trifle (2)

10% OFF

Mains only

Code: P219

£58.20

Mains & Desserts

Code: P220

£83.40

Don't like a meal or dessert?

If there's something in a pack you don't like, simply let us know and we'll be happy to swap it for something else (this may affect the price).



Mini Bumper Pack

10%
OFF

A 14 day pack of our best selling mini meals & desserts

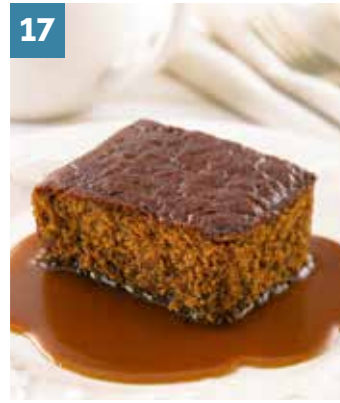




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Mini meals

1. Chicken Casserole & Dumpling
2. Beef Stew with Bubble & Squeak
3. Sweet & Sour Pork
4. Fisherman's Pie
5. Cumberland Pie
6. Fruity Chicken Curry
7. Sausages & Mash
8. All Day Breakfast
9. Roast Chicken Dinner
10. Shepherd's Pie
11. Cod, Chips & Peas
12. Roast Pork Dinner

13. Vegetable Lasagne
14. Cottage Pie

Desserts

15. Clotted Cream Vanilla Ice Cream
16. Apple Crumble (2)
17. Sticky Toffee Pudding (2)
18. Triple Chocolate Muffin
19. Black Forest Gateau (2)
20. Chocolate Pudding (2)
21. Cherry Pie (2)
22. Sherry Trifle (2)

10%
OFF

Minis only

Code: P221

£40.75

Minis & Desserts

Code: P222

£65.65

Don't like a meal or dessert?

If there's something in a pack you don't like, simply let us know and we'll be happy to swap it for something else (this may affect the price).



Quick Product Finder

BREAKFAST

Code	Product	Price	Page
366	All Day Breakfast	£5.45	16
975	Apple, Sultana & Cinnamon Porridge	£2.99	17
607	Banana & Honey Porridge	£2.00	17
534	Breakfast Panini	£3.99	17
605	Cumberland Pork Sausages	£3.99	18
563	Kipper Fillets	£3.15	19
850	Mini All Day Breakfast	£3.10	16
G1288	Olde English Sausages	£3.00	18
G1290	Smoked Back Bacon	£3.75	18
251	The Big Breakfast	£6.05	16
G1291	Unsmoked Back Bacon	£3.75	18
614	White Sliced Loaf	£2.45	19
112	Wholemeal Sliced Loaf	£2.45	19

SOUPS & LIGHT MEALS

Code	Product	Price	Page
163	Beef Chilli Jacket Potato	£3.15	22
989	Broccoli & Stilton Soup	£2.60	23
988	Carrot & Coriander Soup	£2.05	23
499	Cheese & Ham Omelette (2)	£3.85	26
241	Cheese & Onion Quiche (2)	£3.75	26
533	Cheese & Red Onion Panini	£3.99	25
500	Cheese & Tomato Omelette (2)	£3.85	26
600	Chicken & Pesto Panini	£3.99	25
227	Chicken & Vegetable Soup	£3.15	23
990	Creamy Mushroom Soup	£2.30	23
194	Filled Potato Skin with Baked Beans & Cheese	£3.15	22
322	Filled Potato Skin with Gammon & Cheese	£3.15	22
993	Ham, Cheddar & Wholegrain Mustard Panini	£3.99	25
640	Jacket Potatoes (4)	£3.50	22
994	Mozzarella, Tomato & Pesto Panini	£3.99	25
213	Quiche Lorraine (2)	£3.75	26
1321	Sausage Rolls	£3.00	27
186	Scotch Broth	£2.60	23
G1292	Smoked Sliced Ham	£3.75	27
588	Tuna & Red Onion Panini	£3.99	25

MAIN MEALS - BEEF

Code	Product	Price	Page
135	BBQ Beef Brisket with Carrots & Potatoes	£6.25	32
208	Beef & Kidney Pie	£3.99	32
285	Beef & Vegetable Hotpot	£4.45	33
668	Beef & Wild Mushroom Lasagne	£4.99	34
421	Beef au Poivre	£6.50	32
657	Beef Bourguignon	£6.50	33
215	Beef Curry	£5.50	34
168	Beef Lasagne	£4.20	34
1313	Beef Platter	£5.00	30
286	Beef Stew & Dumpling	£5.75	33
115	Beef Stroganoff	£5.55	33
175	Chilli con Carne	£3.75	34
303	Corned Beef Hash	£3.95	33
304	Cottage Pie	£3.65	31
211	Cottage Pie Meal	£3.95	31
530	Cumberland Pie	£3.85	31
173	Hunter's Pie	£5.30	31
832	Luxury Cottage Pie	£4.99	31
1307	Luxury Roast Beef Dinner	£6.00	30

Code	Product	Price	Page
991	Macaroni Bolognese	£3.15	34
276	Minced Beef & Mash	£3.75	31
493	Minced Beef Pie	£4.30	32
1300	Roast Beef Dinner	£5.60	30
985	Rustic Cottage Pie	£3.35	31
344	Shanghai Beef	£5.15	34
660	Spaghetti Bolognese	£4.10	34
407	Steak & Kidney Pudding	£2.65	32
474	Steak & Mushroom Pie	£4.75	32
667	Steak Diane	£5.60	33
244	Steak Pie (2)	£6.35	32
606	Teriyaki Beef Noodles	£4.50	34

MAIN MEALS - CHICKEN

Code	Product	Price	Page
167	BBQ Chicken Bake	£4.95	38
652	Butter Chicken Curry	£4.70	40
841	Chicken & Cider Hotpot	£4.60	38
477	Chicken & Mushroom Pie with Vegetables	£4.75	36
139	Chicken & Stuffing Bake	£4.90	38
1325	Chicken & Vegetable Stew	NEW £4.30	38
1314	Chicken Breast Platter	£4.75	35
284	Chicken Breast Wrapped in Bacon	£5.75	37
252	Chicken Casserole with Dumpling	£4.80	36
1323	Chicken Casserole with Vegetable Mash	£4.70	37
1878	Chicken Curry & Rice	£3.99	40
278	Chicken in a Creamy Garlic Sauce	£5.55	37
879	Chicken in Mushroom Sauce	£4.45	36
1138	Chicken Jalfrezi	£4.00	40
1873	Chicken Korma	£4.75	40
108	Chicken, Leek & Bacon Pie	£4.70	36
387	Chicken Stir-Fry	£4.95	39
179	Chicken Supreme	£3.99	37
1874	Chicken Tikka Masala	£4.50	40
275	Chicken with Ham Hock & Mushrooms	£6.10	36
529	Chicken with Mashed Potato	£4.75	37
140	Chicken with Onion-Topped Mash	£4.99	37
658	Coq au Vin	£5.99	37
242	Fruity Chicken Curry	£4.70	40
417	Honey & Mustard Chicken Hotpot	£5.50	38
351	Hong Kong Chicken	£4.70	39
352	Hunter's Chicken	£4.99	38
418	Lemon Chicken Spaghetti	£4.99	39
1308	Luxury Roast Chicken Dinner	£6.00	35
1311	Luxury Roast Turkey Dinner	£6.00	35
1301	Roast Chicken Dinner	£5.25	35
1304	Roast Turkey Dinner	£5.25	35
642	Summer Casserole	£4.20	38
523	Sweet & Sour Chicken	£3.85	39
1521	Thai Green Chicken Curry	£4.00	39
1317	Turkey Platter	£4.75	36
645	Woodland Chicken	£5.85	37



MAIN MEALS - FISH

Code	Product	Price	Page
882	Beer Battered Cod & Chips	£4.80	42
464	Breaded Haddock Fillet (2)	£4.50	42
883	Breaded Scampi & Chips	£4.99	42
676	Cheesy Smoked Haddock Fillet	£6.30	43
327	Cod & Prawn Bake	£4.70	41
240	Cod, Chips & Peas	£4.25	42
593	Cod in Parsley	£5.99	43
983	Fish & Potato Gratin	£4.99	41
306	Fish Pie	£4.75	41
1327	Pollock Mornay with Parmentier Potatoes NEW	£4.90	43
977	Prawn Curry	£5.50	43
329	Salmon & Broccoli Bake	£4.99	41
1322	Salmon en Croute	£6.70	42
594	Salmon in Watercress	£4.90	43
592	Salmon in White Wine	£5.15	43
842	Salmon Pasta Bake	£4.50	42
419	Smoked Haddock & Bacon Gratin	£5.50	41
884	Smoked Haddock Fishcake & Chips	£4.10	42
684	Smoked Haddock Florentine	£5.80	41
136	Smoked Haddock with Cheese & Sweetcorn	£4.99	43

MAIN MEALS - LAMB

Code	Product	Price	Page
246	Lamb & Beef Pie	£5.15	45
405	Lamb Bhuna	£5.50	46
1326	Lamb Casserole NEW	£5.50	45
1315	Lamb Platter	£5.50	44
406	Lamb Rogan Josh	£5.50	46
205	Lamb Stew	£5.60	45
305	Lancashire Hotpot	£5.50	45
659	Liver & Bacon with Colcannon Mash	£4.20	45
663	Liver & Onions	£3.65	45
1309	Luxury Roast Lamb Dinner	£6.70	44
833	Luxury Shepherd's Pie	£5.20	44
950	Minced Lamb & Potato Bake	£5.45	45
266	Moussaka	£4.85	46
1302	Roast Lamb Dinner	£5.90	44
218	Shepherd's Pie	£4.45	44

MAIN MEALS - PORK

Code	Product	Price	Page
392	Cheese & Ham Omelette	£4.45	49
944	Cumberland Sausages with Colcannon Mash	£4.50	48
952	Gammon in Onion Sauce	£4.40	49
875	Italian Meatballs in Tomato Sauce	£4.80	48
1310	Luxury Roast Pork Dinner	£6.00	47
287	Macaroni Cheese with Bacon	£4.80	49
248	Pork & Leek Sausage Casserole	£4.50	48
596	Pork Faggot with Mashed Potato & Peas	£3.75	49
1316	Pork Platter	£4.65	47
423	Pork with a Mulled Apple Sauce	£6.35	47
424	Pork with a Port & Plum Sauce	£6.55	47
1306	Roast Gammon Dinner	£5.25	47
1303	Roast Pork Dinner	£5.10	47
221	Sausage & Mash	£3.75	48
576	Sausage & Root Vegetable Bake	£4.65	48
224	Sausages, Chips & Beans	£3.80	48
250	Sausages in Caramelised Onion Gravy	£3.85	48
887	Spaghetti Carbonara	£4.55	49
616	Sweet & Sour Pork	£4.30	49

MAIN MEALS - VEGETARIAN

Code	Product	Price	Page
257	Butternut Squash & Vegetable Lasagne	£4.50	51
472	Cauliflower Cheese	£3.80	52
166	Creamy Leek & Potato Bake	£3.99	50
1312	Luxury Vegetarian Roast Dinner	£6.00	50
889	Macaroni Cheese	£4.50	52
332	Omelette, Chips & Peas	£3.80	50
524	Quorn & Vegetable Pie	£4.25	51
294	Ratatouille	£4.65	52
602	Roasted Vegetable & Chickpea Curry	£3.99	52
489	Roasted Vegetable Lasagne	£5.55	51
296	Vegetable Chilli	£3.99	52
325	Vegetable Hotpot	£3.35	50
254	Vegetable Lasagne	£3.30	51
219	Vegetable Pie	£3.70	51
288	Vegetable Rigatoni	£4.40	52
256	Vegetable Tikka	£4.50	52
1324	Vegetable Stew NEW	£3.95	51
1305	Vegetarian Roast Dinner	£5.25	50
577	Wild Mushroom & Butternut Squash Risotto	£5.25	52

PIZZERIA

Code	Product	Price	Page
1319	Cheese & Tomato Pizza	£4.50	53
774	Mini Cheese & Tomato Pizza	£1.55	53
1320	Pepperoni Pizza	£5.50	53
807	Super Crunchy Oven Chips (6-7)	£2.25	53

MINI MEALS - BEEF

Code	Product	Price	Page
144	Mini Beef & Kidney Stew	£3.99	57
851	Mini Beef & Vegetable Hotpot	£3.15	57
220	Mini Beef Lasagne	£3.15	58
258	Mini Beef Stew with Bubble & Squeak	£3.65	56
894	Mini Braised Beef, Tatties & Neeps	£2.99	57
942	Mini Chilli Con Carne & Rice	£3.15	58
311	Mini Corned Beef Hash	£2.80	56
895	Mini Cottage Pie	£2.80	56
314	Mini Cumberland Pie	£2.95	57
416	Mini Minced Beef Yorkshire	£4.50	56
1000	Mini Roast Beef Dinner	£4.15	56
190	Mini Savoury Minced Mash	£3.55	57
466	Mini Spaghetti Bolognese	£2.80	58

MINI MEALS - CHICKEN

Code	Product	Price	Page
312	Mini Chicken & Mixed Peppers in Creamy Sauce	£2.99	61
260	Mini Chicken & Mushroom Hotpot	£3.50	60
156	Mini Chicken & Stuffing Casserole	£3.25	60
198	Mini Chicken & Vegetable Ragout	£3.25	61
196	Mini Chicken Casserole & Dumpling	£3.65	59
336	Mini Chicken Chasseur	£3.30	61
510	Mini Chicken in White Wine & Rarebit Crumb	£3.55	60
283	Mini Chicken, Pea & Parmesan Pasta	£3.55	61
415	Mini Chicken, Sage & Onion Yorkshire	£4.50	59
338	Mini Chicken Tikka Masala	£3.15	60
945	Mini Chicken with Mashed Potato	£3.25	60
1879	Mini Creamy Chicken & Basil Pasta NEW	£3.15	61
339	Mini Fruity Chicken Curry	£3.30	60
191	Mini Madeira Chicken	£3.65	61
197	Mini Poacher's Chicken	£3.35	61



Code	Product	Price	Page
1001	Mini Roast Chicken Dinner	£3.75	59
1004	Mini Roast Turkey Dinner	£3.99	59
291	Mini Sweet & Sour Chicken	£2.60	60

MINI MEALS - FISH

Code	Product	Price	Page
849	Mini Cod & Prawn Bake	£3.35	62
528	Mini Cod, Chips & Peas	£3.15	62
804	Mini Creamy Salmon & Pea Pasta	£3.65	63
498	Mini Fish Pie with Crumble Topping	£3.65	62
310	Mini Fisherman's Pie	£2.99	62
341	Mini Haddock Smokie	£3.60	63
601	Mini Hoki, Potato & Spring Onion Stew	£4.50	63
852	Mini Ocean Pie	£3.60	62
342	Mini Salmon in Tomato Sauce	£3.75	63
848	Mini Tuna Pasta Bake	£3.65	63

MINI MEALS - LAMB

Code	Product	Price	Page
495	Mini Lamb & Beef Keema Pie	£2.55	65
209	Mini Lamb & Mint Crumble	£3.85	65
281	Mini Lamb in Cider Sauce	£3.95	64
947	Mini Lamb in Mint Gravy	£4.75	64
259	Mini Lamb, Redcurrant & Cranberry Hotpot	£3.99	64
893	Mini Liver & Bacon Hotpot	£3.40	65
579	Mini Liver & Onions	£3.15	64
313	Mini Minced Lamb Hotpot	£3.35	65
1002	Mini Roast Lamb Dinner	£4.55	64
858	Mini Shepherd's Pie	£3.15	65

MINI MEALS - PORK

Code	Product	Price	Page
309	Mini Faggot, Mash & Peas	£2.65	67
318	Mini Gammon & Creamy Onion Sauce	£3.30	67
581	Mini Macaroni Cheese & Pulled Ham	£3.75	67
282	Mini Pork & Apple Crumble	£3.70	67
1003	Mini Roast Pork Dinner	£3.65	66
929	Mini Sausages & Mash	£2.80	66
853	Mini Sausage Casserole	£2.85	66
598	Mini Sausages with Red Onion Gravy	£2.99	66
335	Mini Spaghetti & Meatballs	£3.15	67
295	Mini Sweet & Sour Pork	£3.25	67
854	Mini Yorkshire Pudding with Cocktail Sausages	£2.90	66

MINI MEALS - VEGETARIAN

Code	Product	Price	Page
496	Mini Aubergine Parmigiana	£4.10	68
557	Mini Cauliflower & Broccoli Cheese	£2.35	68
317	Mini Cauliflower Cheese & Sauté Potatoes	£3.10	68
195	Mini Cheese & Broccoli Pasta	£3.15	69
502	Mini Cheese & Tomato Macaroni Pasta Bake	£3.15	69
774	Mini Cheese & Tomato Pizza	£1.55	68
193	Mini Goat's Cheese & Sweet Potato Pasta	£3.15	69
803	Mini Leek, Asparagus & Pea Pasta	£2.75	69
226	Mini Macaroni Cheese	£3.15	69
1880	Mini Roasted Vegetable Pasta	NEW £2.75	69
943	Mini Vegetable Lasagne	£3.10	69
1005	Mini Vegetarian Roast Dinner	£3.75	68

SIDE DISHES

Code	Product	Price	Page
560	Baby Carrots (5-6)	£1.60	78
525	Broccoli (5-6)	£2.05	78
897	Carrot, Swede & Horseradish Mash (2)	£2.20	78
557	Cauliflower & Broccoli Cheese	£2.35	79
472	Cauliflower Cheese	£3.80	79
400	Cheese & Spring Onion Mashed Potato	£1.75	78
1329	Chicken Samosas (4)	NEW £3.50	79
552	Dauphinoise Potatoes (2)	£3.80	78
420	Garlic Baguettes	£4.40	79
556	Green Vegetables in Wild Garlic & Herb Butter	£2.45	78
395	Mashed Potato	£1.60	78
414	Mini Dauphinoise Potatoes	£1.99	78
1328	Onion Bhajjis (6)	NEW £2.90	79
294	Ratatouille	£4.65	79
807	Super Crunchy Oven Chips (6-7)	£2.25	79

HOT DESSERTS

Code	Product	Price	Page
633	Apple Crumble (2)	£3.70	83
609	Apple Crumble with Custard	£3.00	83
615	Apple Strudel (2)	£4.10	83
634	Blackberry & Apple Crumble (2)	£3.95	83
200	Bread & Butter Pudding (2)	£3.99	84
771	Cherry Sponge with Custard (2)	£3.75	82
624	Chocolate Pudding (2)	£4.00	82
608	Jam Sponge & Custard (2)	£3.90	84
627	Lemon Pudding with Lemon Custard (2)	£3.99	82
589	Luxury Brioche & Butter Pudding & Custard	£3.25	84
635	Pineapple Upside Down Pudding (2)	£4.00	84
638	Rhubarb & Custard (2)	£3.65	84
632	Rhubarb Crumble (2)	£3.75	83
620	Rice Pudding (2)	£3.15	83
199	Spotted Dick (2)	£4.00	84
970	Steamed Jam Pudding (2)	£3.95	84
626	Sticky Toffee Pudding (2)	£3.50	82
625	Treacle Pudding with Custard (2)	£4.10	82

COLD DESSERTS

Code	Product	Price	Page
494	Apple & Blackberry Pie (2)	£4.99	88
752	Apricot & Ginger Brulée (2)	£5.50	89
537	Arctic Roll (2)	£4.20	87
754	Bakewell Tart (2)	£5.55	89
966	Banoffee Pie (2)	£5.25	88
2006	Berry Salad (4)	NEW £4.45	93
702	Black Forest Gateau (2)	£4.75	86
119	Black Forest Trifle (2)	£4.35	90
860	Blackcurrant Cheesecake (2)	£5.25	91
511	Blueberry Muffin	£1.35	85
753	Bramley Apple Pie (2)	£5.55	88
159	Cherry Meringue Pie (2)	£4.99	87
984	Cherry Pie (2)	£5.10	88
491	Chocolate Fudge Cake (2)	£5.25	86
822	Chocolate Fudge Ice Cream	£1.80	92
513	Chocolate Muffin	£1.35	85
818	Chunky Ginger Ice Cream	£1.80	93
819	Clotted Cream & Strawberry Ice Cream	£1.80	92
817	Clotted Cream Vanilla Ice Cream	£1.80	92
769	Fruit Salad (4)	£4.45	93
492	Honeycomb & Toffee Cheesecake (2)	£4.99	91



Code	Product	Price	Page
824	Honeycomb Ice Cream	£1.80	92
859	Irish Cream Cheesecake (2)	£5.25	91
965	Lemon Brulée (2)	£5.50	89
582	Lemon Cheesecake (2)	£5.25	91
732	Lemon Meringue Pie (2)	£4.85	87
2000	Low Sugar Chocolate & Ginger Torte (2)	£4.99	88
721	Low Sugar Lemon Drizzle Cake (2)	£4.50	86
726	Low Sugar Vanilla Brulee Cake (2)	£4.99	88
2001	Low Sugar Victoria Sponge (2)	£4.99	86
409	Luxury Lemon Drizzle Muffin	£1.75	85
410	Luxury Salted Caramel Muffin	£1.75	85
519	Millionaire's Flapjack	£1.35	87
712	Mini Chocolate Éclairs (12)	£5.40	85
2004	Mixed Berry Cheesecake (2)	NEW £5.25	91
830	Olde English Lemon Tart (2)	£5.50	89
2005	Profiteroles with Chocolate Sauce	NEW £3.45	87
413	Raspberry & White Chocolate Panna Cotta (2)	£5.10	90
826	Raspberry Sorbet	£1.80	93
704	Raspberry Trifle (2)	£3.55	90
823	Rum & Raisin Ice Cream	£1.80	92
742	Sherry Trifle (2)	£3.80	90
239	Sticky Toffee Meringue (2)	£5.55	87
238	Strawberry Eton Mess (2)	£5.55	87
701	Strawberry Gateau (2)	£4.75	86
587	Strawberry Tart	£3.45	89
117	Summer Fruit Punch Trifle (2)	£4.30	90
263	Tiramisu (2)	£4.55	90
160	Victoria Sponge (2)	£4.15	86

PURÉED MAIN MEALS

Code	Product	Price	Page
D132	Puréed All Day Breakfast	£4.50	99
D116	Puréed Beef Bolognese with Pasta	£4.50	96
D114	Puréed Beef Stew & Dumplings	£4.50	96
D143	Puréed Chicken & Potato Pie	£4.50	97
D112	Puréed Chicken Curry	£4.50	97
D134	Puréed Cottage Pie	£4.50	96
D117	Puréed Fish in Creamy Cheese Sauce	£4.50	98
D146	Puréed Fisherman's Pie	£4.50	98
D111	Puréed Hearty Chicken Casserole	£4.50	96
D113	Puréed Lamb with Mint	£4.50	99
D119	Puréed Lancashire Hotpot	£4.50	98
D135	Puréed Omelette in Cheese Sauce	£4.50	100
D121	Puréed Really Cheesy Macaroni Cheese	£4.50	100
D115	Puréed Roast Beef with Yorkshire Pudding	£4.50	96
D138	Puréed Roast Turkey	£4.50	98
D118	Puréed Salmon in Dill & Cream Sauce	£4.50	98
D144	Puréed Sausage & Mash	£4.50	99
D140	Puréed Seasonal Vegetable Casserole	£4.50	100
D133	Puréed Shepherd's Pie	£4.50	98
D120	Puréed Sweet & Sour Chicken	£4.50	97
D110	Puréed Traditional Chicken & Stuffing	£4.50	97
D142	Puréed Vegetable Lasagne	£4.50	100
D153	Puréed Vegetable Tikka Masala	£4.50	100

PURÉED MINI MEALS

Code	Product	Price	Page
D130	Mini Puréed Beans on Toast	£3.50	103
D106	Mini Puréed Beef Casserole	£3.95	101
D150	Mini Puréed Chicken & Potato Pie	£3.95	101
D104	Mini Puréed Chicken Casserole	£3.95	101

Code	Product	Price	Page
D129	Mini Puréed Fish & Chips	£3.95	102
D151	Mini Puréed Fish in Cheese Sauce	£3.95	101
D109	Mini Puréed Fisherman's Pie	£3.95	102
D105	Mini Puréed Lamb with Mint	£3.95	102
D108	Mini Puréed Lancashire Hotpot	£3.95	102
D107	Mini Puréed Macaroni Cheese	£3.95	103
D139	Mini Puréed Roast Turkey	£3.95	101
D149	Mini Puréed Sausage & Mash	£3.95	102
D136	Mini Puréed Scrambled Egg on Toast	£3.50	103
D141	Mini Puréed Seasonal Vegetable Casserole	£3.95	103
D148	Mini Puréed Vegetable Lasagne	£3.95	102

PURÉED DESSERTS

Code	Product	Price	Page
D126	Puréed Banoffee Pie	£1.25	105
D125	Puréed Chocolate Orange Sponge with Custard	£1.25	104
D102	Puréed Chocolate Sponge & Custard	£1.25	104
D124	Puréed Fruit Cocktail Dessert	£1.25	105
D100	Puréed Lemon Sponge & Custard	£1.25	104
D123	Puréed Peach Dessert	£1.25	104
D101	Puréed Rice Pudding	£1.25	104
D103	Puréed Spiced Apple & Custard	£1.25	105
D127	Puréed Sticky Toffee Pudding	£1.25	105

SOFT & BITE-SIZED MEALS

Code	Product	Price	Page
F100	Beef Bolognese	£4.50	107
F104	Chicken Casserole	£4.50	107
F101	Cottage Pie	£4.50	107
F102	Fisherman's Pie	£4.50	107
F103	Lamb Casserole	£4.50	107
F106	Macaroni Cheese	£4.50	107
F105	Vegetable Cottage Pie	£4.50	107

EASY ORDER PACKS

Code	Product	Price	Page
P206	Best Sellers Pack - Mains	£31.05	110
P207	Best Sellers Pack - Mains & desserts	£45.00	110
P208	Mini Best Sellers Pack - Minis	£21.90	111
P209	Mini Best Sellers Pack - Minis & desserts	£35.80	111
P210	Puréed Best Sellers Pack - Mains	£31.50	112
P211	Puréed Best Sellers Pack - Mains & desserts	£40.25	112
P223	5 Star Favourites Pack - Mains	£33.50	113
P224	5 Star Favourites Pack - Mains & desserts	£48.00	113
P219	Bumper Pack - Mains	£58.20	114
P220	Bumper Pack - Mains & desserts	£83.40	114
P221	Mini Bumper Pack - Minis	£40.75	116
P222	Mini Bumper Pack - Minis & desserts	£65.65	116

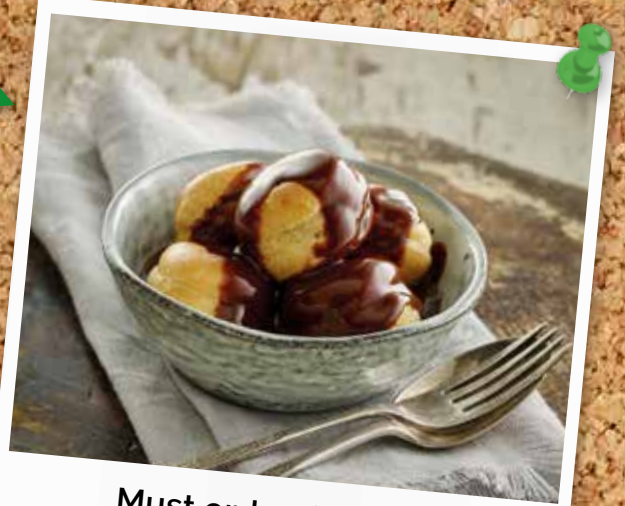


THE OAKHOUSE PINBOARD



Shopping list

My favourites from Oakhouse



Must order the NEW Profiteroles, they look amazing!



The Roasted Vegetable Pasta will be perfect for lunch

We would **love** to hear from you

If you have any comments or questions about our dishes or service, or think we are missing a key meal in our range, please contact your local branch with your suggestions!



Tea break puzzles

These brain teasers are fun, clever, and challenge your problem-solving skills in unique ways, good luck!

Sudoku

Fill each cell so that each column, each row, and each of the nine 3x3 boxes contains all the digits from 1 to 9.

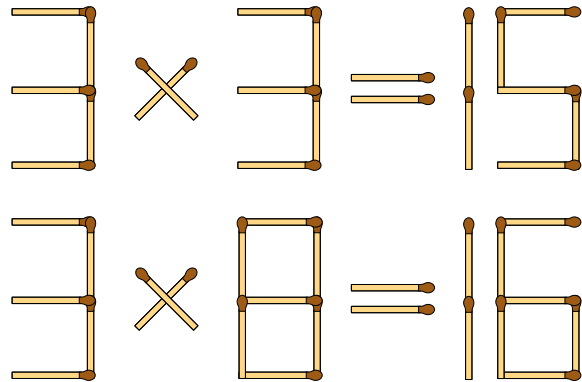
7	6							
	8	5	6	4				
2	9	4		8			3	
4		7			8			
			5		4			
			1			4		6
	4			7		8	2	1
				2	9	3	6	
							4	9

Can you solve these riddles?

- Q:** Which eight-letter word still remains a word after removing a letter from it until there's one letter left?
- A:** Starting · Staring · String · Sting
Sing · Sin · In · I
- Q:** What starts with "P" and ends with "E" and has more than 1000 letters?
- A:** A Post Office!
- Q:** Can you name the two days starting with T besides Tuesday and Thursday?
- A:** Today and tomorrow.

Match stick logic

Move one matchstick in each equation to make them correct.



9	4	5	6	1	8	2	7	3
7	6	3	9	2	4	8	1	5
1	8	2	5	7	3	6	4	9
6	5	4	7	3	1	9	2	8
8	2	7	4	9	5	3	1	6
3	1	8	9	6	2	7	5	4
5	3	6	1	8	4	7	9	2
2	9	7	3	4	6	5	8	1
4	1	8	2	5	9	3	6	7

Tea break puzzle answers





DISHES FEATURED ON THE COVER

NEW Profiteroles

The Big Breakfast

Wild Mushroom &
Butternut Squash Risotto

Steak & Mushroom Pie

Mini Beef Stew with
Bubble & Squeak



Excellent

Rating at time of writing,
30th July 2020

**Delicious
food &
quality
service!**



Call us today on our
local rate number



Visit our website 24 hours
a day, 7 days a week

oakhousefoods.co.uk

Opening hours

9.00am - 5.00pm Monday - Friday

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