

Spring/Summer
2026

IT'S
MADE FOR
YOU

Softer Foods

Delicious Texture
Modified Meals

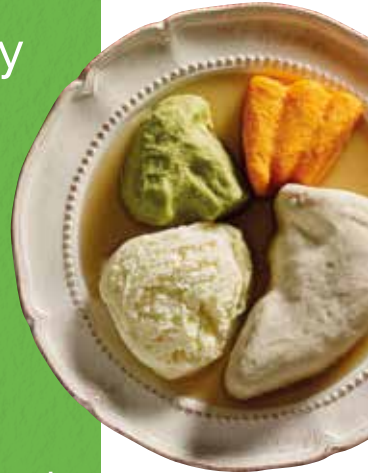
Brought to you by



Meals to suit
Level 4 Puréed,
Level 5 Minced & Moist and
Level 6 Soft & Bite-Sized diets

Call us today

itsmadeforyou.co.uk



It's Made For You

Texture Modified Meals

Here at **It's Made For You**, we believe that everyone should look forward to a tasty, safe, and nutritious meal. That is why we created **It's Made For You**, a range of meals designed to meet the IDDSI required texture*, so everyone can enjoy stress-free and safe mealtimes.

Our range of meals are delicious and delivered straight to your door, easy to prepare in a microwave or oven from frozen, and are made in the UK using quality ingredients to bring out the best flavours.

Whether you're looking for Level 4 Puréed Meals, Level 5 Minced & Moist Meals or Level 6 Soft and Bite-Sized Meals, we have a variety of over 50 delicious dishes available for you to enjoy without compromising on flavour or nutrition.

Enjoy browsing your brochure, and we look forward to hearing from you soon.

**From all the team at
It's Made For You**



*iddsi.org

LEVEL 4

Puréed Meals & Desserts



Our **Puréed** dishes are smooth, with a consistent texture. Thick enough to eat with a fork.

LEVEL 5

Minced & Moist Meals



Our **Minced & Moist** meals come with a more varied texture requiring minimal chewing.

LEVEL 6

Soft & Bite-Sized Meals



Our **Soft & Bite-Sized** meals are for anyone who enjoys a tender and easier to chew meal.

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Allergens

We know there are allergens in our dishes that we need to tell you about. Full allergen information is available on our website itsmadeforyou.co.uk and should be reviewed carefully before making a purchase. If you would like further information, please speak to your local branch. We can create a bespoke list of dishes tailored to your specific needs or dietary requirements.



Find this symbol next to our vegetarian dishes.

LEVEL 4

Puréed Mini Meals

Enjoy your mealtimes with our carefully prepared Level 4 Puréed Mini Meals, perfectly portioned for those with a smaller appetite.

CUSTOMER FAVOURITE



D106 - Mini Puréed Beef Casserole

Puréed beef casserole with gravy, served with puréed peas and puréed creamy mashed potato.

£5.75

280g



D105 - Mini Puréed Lamb with Mint

Puréed minted lamb in gravy served with puréed carrots and puréed mashed potato.

£5.75

280g

CUSTOMER FAVOURITE



D149 - Mini Puréed Sausage & Mash

Puréed sausage with gravy served with puréed mashed potato and puréed carrots.

£5.75

280g

CUSTOMER FAVOURITE



D129 - Mini Puréed Fish & Chips

Traditional puréed fish and chips with puréed mushy peas, and a tomato sauce. **Oven only.**

£5.75

280g



D104 - Mini Puréed Chicken Casserole

Puréed chicken casserole served with puréed swede, puréed parsnip, puréed creamy mashed potato and gravy.

£5.75

280g

D150 - Mini Puréed Chicken & Potato Pie

Puréed chicken and potato in a rich gravy served with puréed broccoli and puréed mashed potato.

£5.75

280g

D108 - Mini Puréed Lancashire Hotpot

Puréed Lancashire hotpot in gravy served with puréed carrots and puréed creamy mashed potato.

£5.75

280g

D109 - Mini Puréed Fisherman's Pie

Puréed fisherman's pie with cream sauce, served with puréed peas and puréed creamy mashed potato.

£5.75

280g

D107 - Mini Puréed Macaroni Cheese

Puréed macaroni in cheese sauce, served with puréed broccoli and puréed mashed potato.

£5.75



280g

D148 - Mini Puréed Vegetable Lasagne

Puréed courgette, aubergines, lentils, béchamel sauce and pasta in cheese sauce, served with puréed carrots and puréed creamy mashed potato. **Oven only.**

£5.75



280g

LEVEL 4

Puréed Main Meals

Rediscover enjoyment
in eating with our
delicious range of Main
Meals, suitable for a
Level 4 Puréed diet.

CUSTOMER FAVOURITE



D115 - Puréed Roast Beef with Yorkshire Pudding & Mustard Mash

Puréed roast beef and Yorkshire
pudding with puréed mustard
mashed potato, served with
puréed carrots and puréed
cauliflower and a gravy sauce.

£6.50

380g



D114 - Puréed Beef Stew & Dumplings

Puréed beef stew and dumplings
in a rich gravy, with puréed
creamed mashed potato, puréed
carrots and puréed green beans.

£6.50

380g



D116 - Puréed Beef Bolognese with Pasta

Puréed beef Bolognese with
puréed pasta in tomato sauce,
with puréed mashed potato,
puréed carrots and puréed
broccoli. **Oven only.**

£6.50

380g

CUSTOMER FAVOURITE



D134 - Puréed Cottage Pie

Puréed beef dish topped with puréed mashed potato and served with puréed carrots, puréed broccoli and puréed gravy.

£6.50

380g



D144 - Puréed Sausage & Mash

Puréed sausage in gravy served with puréed mashed potato, puréed carrots and puréed peas.

£6.50

380g



D184 - Puréed Hearty Beef Casserole

Puréed beef casserole with gravy, served with puréed peas and carrots and a creamy mashed potato.

£6.50

380g



D113 - Puréed Lamb with Mint

Traditional puréed roast lamb with mint in gravy, served with puréed mashed potato, puréed peas and puréed parsnip.

£6.50

380g

CUSTOMER FAVOURITE



D119 - Puréed Lancashire Hotpot

Puréed Lancashire hotpot in gravy, with puréed creamy mashed potato, puréed peas and puréed carrots.

£6.50

380g



D133 - Puréed Shepherd's Pie

Puréed shepherd's pie served with puréed carrots, puréed peas and puréed gravy.

£6.50

380g



D110 - Puréed Traditional Chicken & Stuffing

Traditional puréed chicken and stuffing with puréed creamy mashed potato, puréed carrots and puréed broccoli.

£6.50

380g



D111 - Puréed Hearty Chicken Casserole

Hearty puréed chicken casserole in a rich gravy with puréed creamy mashed potato, puréed peas, puréed swede and parsnip.

£6.50

380g



D112 - Puréed Chicken Curry

Puréed chicken curry with masala sauce, puréed creamy mashed potato, puréed cauliflower and puréed peas.

£6.50

380g



D117 - Puréed Fish in Cheese

Puréed fish in creamy cheese sauce with puréed creamy mashed potato, puréed carrots and puréed peas. **Oven only.**

£6.50

380g



D143 - Puréed Chicken & Potato Pie

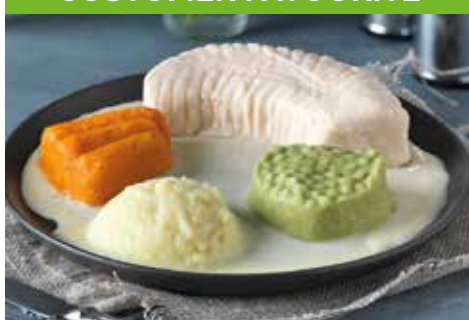
Puréed chicken and potato in a rich gravy, served with puréed broccoli, puréed carrots and puréed creamy mashed potato.

Oven only.

£6.50

380g

CUSTOMER FAVOURITE



D118 - Puréed Salmon in Dill & Cream Sauce

Puréed salmon in dill and cream sauce. Served with puréed carrots, puréed peas and puréed mashed potato.

£6.50

380g



D146 - Puréed Fisherman's Pie

Puréed fisherman's pie with cream sauce, served with puréed peas, puréed carrots and puréed creamy mashed potato.

£6.50

380g

CUSTOMER FAVOURITE



D135 - Puréed Omelette in Cheese Sauce

A lighter dish of puréed omelette, puréed beans and a cheese sauce served with puréed mashed potato.

£6.50



380g



D142 - Puréed Vegetable Lasagne

Puréed courgette, aubergines, lentils, béchamel sauce and puréed pasta in cheese sauce. Served with puréed carrots, green beans and puréed creamy mashed potato.

£6.50



380g



D121 - Puréed Macaroni Cheese

Puréed macaroni in a cheese sauce, with puréed creamy mashed potato, puréed carrots and puréed broccoli.

£6.50



380g

LEVEL 4

Puréed Desserts

Treat yourself to our delightful range of desserts, suitable for a Level 4 Puréed diet.

Our desserts are to be enjoyed hot.

CUSTOMER FAVOURITE



D127 - Puréed Sticky Toffee Pudding

Rich toffee flavoured puréed sponge dessert.

£2.40 V

150g



D103 - Puréed Spiced Apple and Custard

Delicately spiced puréed apple with puréed sponge and puréed custard.

£2.40

V 150g

D100 - Puréed Lemon Sponge & Custard

Puréed tangy lemon dessert, made with puréed sponge and custard.

£2.40

V 150g

D125 - Puréed Chocolate Orange Sponge with Custard

Indulgent orange and chocolate flavoured puréed dessert.

£2.40

V 150g

D126 - Puréed Banoffee Pie

Tempting classic banana flavour puréed sponge dessert, topped with toffee sauce.

£2.40

V 150g

LEVEL 5

Minced & Moist Meals

Take your pick from our delicious Main Meals, suitable for a Level 5 Minced & Moist diet.



M404 - Minced & Moist Cottage Pie

Minced beef with creamy mashed potato topping, served with cauliflower in cheese sauce, carrots and swede.

£6.50

380g



M403 - Minced & Moist Beef Bolognese

Minced beef with pasta in tomato sauce served with mashed potato, carrot and swede.

£6.50

380g



M414 - Minced & Moist Beef Stew & Dumplings

Minced beef and dumplings in a rich gravy served with mashed potato and carrot and swede.

£6.50

380g



M405 - Minced & Moist Roast Lamb with Mint

Minced roast lamb and mint, served with mashed potato and swede.

£6.50

380g



M412 - Minced & Moist Lancashire Hotpot

Lancashire hotpot in a gravy, served with mashed potato and mushy peas.

£6.50

380g

M415 - Minced & Moist Lamb Casserole

Casserole of minced lamb, carrots and onion in gravy, served with minted potato mashed and buttered swede.

£6.50

380g

M406 - Minced & Moist Chicken Curry

Minced chicken in masala sauce, served with Bombay potatoes and lentil daal.

£6.50

380g

M410 - Minced & Moist Fish in Cheese

Minced fish in cheese sauce, served with mashed potato and mushy peas.

£6.50

380g

M416 - Minced & Moist Macaroni Cheese

Macaroni cooked in cheese sauce, served with mashed potato, lentils and carrots and swede.

£6.50



380g

M402 - Minced & Moist Vegetable Lasagne

Minced vegetable lasagne, served with mashed potato and carrots.

£6.50



380g

LEVEL 6

Soft & Bite-Sized Meals

Explore our tasty range of Main Meals, they're packed with flavour and suitable for a Level 6 Soft & Bite-Sized diet.



F101 - Soft & Bite-Sized Cottage Pie

Minced beef, carrots and onion in gravy with potato topping, served with minced cauliflower in cheese sauce and carrot and swede mashed.

£6.50

380g



F108 - Soft & Bite-Sized Traditional Chicken & Stuffing

Minced chicken and stuffing, served with diced potato in parsley sauce and minced swede.

£6.50

380g



F120 - Soft & Bite-Sized Fish in Cheese

Fish in cheese sauce served with diced potato in parsley sauce and mushy peas.

£6.50

380g



F110 - Soft & Bite-Sized Roast Beef

Minced beef in gravy, served with diced potatoes in mustard sauce and cauliflower cheese.

£6.50

380g



F121 - Soft & Bite-Sized Vegetable Tikka Masala

Carrots, cauliflower, lentils and onions cooked in a spicy creamy yogurt tikka masala sauce. Served with diced potato in masala sauce and lentil daal.

£6.50 

380g

F100 - Soft & Bite-Sized Beef Bolognese

Minced beef Bolognese with parsley crushed potato and minced carrots.

£6.50

380g

F103 - Soft & Bite-Sized Lamb Casserole

A minced lamb, carrot and onion casserole with minted mashed potato and mushy peas.

£6.50

380g



F111 - Soft & Bite-Sized Roast Lamb & Mint

Lamb in a minted gravy served with swede and diced potato in parsley sauce.

£6.50

380g

F104 - Soft & Bite-Sized Chicken Casserole

Minced chicken casserole with mashed potato and minced carrots.

£6.50

380g

Easy Order Packs

Our **Easy Order Packs** bring together a selection of dishes you enjoy into one pack, so your freezer is always stocked with safe and delicious meals.

Don't like a meal choice? No problem! Let us know, and we'll happily swap it for another dish. Enjoy convenience, and meals you'll love, all in one pack.

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Level 5 Minced & Moist Mains Pack Page 18

Level 6 Soft & Bite-Sized Mains Pack Page 18

LEVEL 4

Mini Puréed Pack

A pack with 7 of our delicious Level 4 Puréed Mini Meals.

1. Mini Puréed Lamb with Mint
2. Mini Puréed Macaroni Cheese
3. Mini Puréed Vegetable Lasagne
4. Mini Puréed Sausage & Mash
5. Mini Puréed Chicken & Potato Pie
6. Mini Puréed Beef Casserole
7. Mini Puréed Fisherman's Pie



Code: P269 - **£40.25**

LEVEL 4

Puréed Pack

A pack with 7 of our delicious Level 4 Puréed Main Meals and 7 of our delightful Level 4 Puréed Desserts

Puréed Mains

1. Sausage & Mash
2. Cottage Pie
3. Omelette in Cheese Sauce
4. Shepherd's Pie
5. Chicken Curry
6. Traditional Chicken & Stuffing
7. Salmon in Dill & Cream Sauce

Puréed Desserts

8. Lemon Sponge & Custard (x 2)
9. Sticky Toffee Pudding (x 2)
10. Spiced Apple & Custard (x 1)
11. Chocolate Orange Sponge with Custard (x 1)
12. Banoffee Pie (x 1)



Puréed Mains

Code: P210 - **£45.50**

Puréed Mains & Desserts

Code: P211 - **£57.50**

LEVEL 5

Minced & Moist Mains Pack

A pack with 7 of our tasty
Level 5 Minced & Moist Main Meals.

1. Cottage Pie
2. Roast Lamb with Mint
3. Beef Bolognese
4. Vegetable Lasagne
5. Fish in Cheese
6. Chicken Curry
7. Lancashire Hotpot



Code: P270 - **£45.50**

LEVEL 6

Soft & Bite-Sized Pack

A pack with 7 of our flavourful
Level 6 Soft & Bite-Sized Main Meals.

1. Traditional Chicken & Stuffing
2. Beef Bolognese
3. Roast Lamb & Mint
4. Chicken Casserole
5. Cottage Pie
6. Fish in Cheese
7. Vegetable Tikka Masala



Code: P271 - **£45.50**

Easy Ordering & Delivery with It's Made For You



Ordering with us is as easy as 1, 2, 3



Step 1

Browse our meals – order by phone, online or fill out an order form.



Step 2

Our friendly local delivery driver will bring your It's Made For You meals to your home.



Step 3

Quick and easy to cook from frozen in your oven or microwave.

Ordering on the website

Our website is a quick and secure way to browse and order our delicious frozen meals and desserts. Shop online 24/7 with itsmadeoryou.co.uk. Plus you can check out without registering for an account if you prefer.

Ordering on the phone

Your local team has dedicated staff who are happy to help you place your order and answer anything else you might need. Simply call the number on the front of the brochure to get in touch with your local team who are looking forward to having a chat.

Friendly delivery

Once you have placed your order, one of our local delivery drivers will bring it directly to you. Orders of £35 or more are delivered for FREE. For orders below £35 there is a delivery charge. For more details, reach out to your local team.

Payment methods

You can pay over the phone or online. Alternatively, you can pay your driver when your food is delivered to your door. For more details, reach out to your local team.





**MADE
IT'S
FOR
YOU**

Softer Foods

Tasty and safe mealtimes for
you or a loved one

Easy ordering either online
or via the telephone

Delivered directly to you by a
reliable, local and friendly driver

No contracts. Order as often
or a little as you like with
It's Made For You

Brought to you by



Call us today

itsmadeforyou.co.uk

Terms & conditions

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